

# UPC Holland Triathlon Almere 26-08-2006

## Result Long Distance Individual by Category

### Mannen <40

PIts	RaceNr	Naam	Cat	Nat	Swim	#S	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	Trans	Run1	Run2	Run3	Run	#R	Total
1	1396	Maximilian Longrée	H21	GER	0:54:09	3	1:33:11	1:31:47	1:35:43	4:40:41	2	5:34:50	3	0:02:50	0:54:26	0:55:37	0:55:19	2:45:21	1	8:23:00
2	1397	Bert Flier	H21	NED	0:53:00	2	1:34:24	1:31:46	1:35:40	4:41:49	4	5:34:49	2	0:02:45	0:54:32	0:55:38	1:02:58	2:53:07	2	8:30:39
3	1077	Anton Mol	H21	NED	0:55:14	6	1:32:06	1:31:51	1:35:36	4:39:32	1	5:34:46	1	0:02:38	0:54:35	0:58:07	1:04:18	2:56:59	3	8:34:22
4	1127	Dirk Wijnalda	H21	NED	0:58:42	14	1:33:40	1:32:49	1:41:24	4:47:52	8	5:46:33	7	0:02:31	0:57:25	0:59:22	1:01:05	2:57:50	4	8:46:54
5	1060	Corné Klein	H21	NED	0:55:08	5	1:34:03	1:30:01	1:40:04	4:44:07	5	5:39:14	4	0:03:39	0:57:36	1:00:31	1:09:36	3:07:42	8	8:50:34
6	1113	Martin Tonge	H21	GBR	0:58:55	18	1:40:41	1:38:00	1:43:11	5:01:51	19	6:00:46	18	0:03:31	0:56:30	1:02:59	1:06:13	3:05:40	6	9:09:56
7	1017	Fabrice Cuipers	H21	BEL	0:54:59	4	1:37:24	1:37:48	1:43:19	4:58:30	16	5:53:29	10	0:03:05	0:59:03	1:03:10	1:12:19	3:14:31	12	9:11:04
8	1068	Olivier Lyoen	H21	FRA	0:52:52	1	1:34:34	1:31:43	1:41:12	4:47:29	7	5:40:20	5	0:04:30	1:04:06	1:09:50	1:12:58	3:26:54	22	9:11:43
9	1386	Philippe Jerome	H21	BEL	1:07:22	49	1:38:29	1:34:50	1:39:02	4:52:21	10	5:59:42	16	0:03:04	0:57:12	1:03:46	1:09:15	3:10:11	9	9:12:57
10	1118	Gerben Vanheyste	H21	BEL	0:58:49	17	1:39:09	1:39:41	1:42:01	5:00:50	18	5:59:39	14	0:03:24	1:01:35	1:04:44	1:05:22	3:11:39	10	9:14:41
11	1044	Anders Hjortlund	H21	DEN	1:06:06	44	1:43:22	1:38:02	1:43:21	5:04:44	25	6:10:50	25	0:03:36	0:58:20	0:58:33	1:05:26	3:02:17	5	9:16:42
12	1046	Esben Hovgaard	H21	DEN	0:59:18	22	1:39:30	1:35:59	1:41:24	4:56:52	14	5:56:09	12	0:03:48	1:01:54	1:04:38	1:11:29	3:18:01	14	9:17:57
13	1096	Bart Roovers	H21	BEL	1:01:18	23	1:38:37	1:37:43	1:42:07	4:58:25	15	5:59:43	17	0:03:01	1:01:01	1:06:44	1:09:30	3:17:14	13	9:19:58
14	1102	Jeroen Schenk	H21	NED	1:06:08	46	1:40:38	1:38:55	1:42:24	5:01:56	20	6:08:04	22	0:03:10	1:02:04	1:04:08	1:06:20	3:12:30	11	9:23:43
15	1015	Pierre Close	H21	BEL	1:02:40	27	1:43:23	1:38:38	1:42:31	5:04:31	24	6:07:11	21	0:03:35	1:00:15	1:06:28	1:14:16	3:20:58	16	9:31:43
16	1100	Sander Riebroek	H21	NED	1:03:24	34	1:36:41	1:40:43	1:42:25	4:59:48	17	6:03:11	19	0:02:43	1:05:54	1:08:29	1:11:41	3:26:04	20	9:31:58
17	1091	Harald van Rijn	H21	NED	1:03:09	32	1:36:44	1:37:45	1:40:34	4:55:03	12	5:58:11	13	0:03:31	1:07:27	1:10:33	1:15:36	3:33:35	26	9:35:17
18	1085	Ben Plantinga	H21	NED	1:14:55	84	1:45:06	1:40:20	1:45:34	5:10:59	28	6:25:54	38	0:05:35	0:59:56	1:00:51	1:06:25	3:07:10	7	9:38:38
19	1128	Leon van der Wilde	H21	NED	0:56:17	8	1:45:57	1:43:03	1:45:31	5:14:31	30	6:10:47	24	0:03:40	1:03:24	1:05:19	1:16:35	3:25:16	19	9:39:42
20	1058	Lars Karmelk	H21	NED	1:03:52	37	1:46:12	1:42:24	1:44:30	5:13:05	29	6:16:57	30	0:03:55	0:59:55	1:04:38	1:15:14	3:19:46	15	9:40:36
21	1011	Holger Brandt	H21	GER	1:08:46	53	1:44:40	1:39:53	1:43:34	5:08:06	26	6:16:52	29	0:03:00	1:04:14	1:07:56	1:11:41	3:23:49	17	9:43:40
22	1069	Fabian Magnee	H21	BEL	0:56:22	9	1:42:27	1:38:49	1:42:04	5:03:18	21	5:59:40	15	0:02:47	1:03:35	1:34:04	1:06:08	3:43:46	31	9:46:12
23	1070	Edward Mahieu	H21	NED	1:12:49	75	1:33:31	1:31:11	1:35:59	4:40:41	3	5:53:29	11	0:03:18	1:11:29	1:17:36	1:23:57	3:53:00	44	9:49:46
24	1075	Merijn Schuurman	H21	NED	1:07:29	50	1:34:58	1:37:02	1:44:48	4:56:47	13	6:04:16	20	0:03:51	1:10:13	1:14:19	1:23:02	3:47:34	34	9:55:39
25	1094	Clemens Rolf	H21	GER	1:03:13	33	1:45:51	1:43:55	1:51:21	5:21:06	40	6:24:18	35	0:03:36	1:05:22	1:13:09	1:15:05	3:33:35	25	10:01:29
26	1034	Kim Greisen	H21	DEN	1:07:08	48	1:42:19	1:38:01	1:43:15	5:03:34	23	6:10:42	23	0:03:43	1:05:39	1:13:34	1:31:34	3:50:46	40	10:05:11
27	1074	Bart Meeusen	H21	BEL	1:09:15	57	1:47:18	1:44:25	1:48:42	5:20:23	38	6:29:38	39	0:03:08	1:06:54	1:09:05	1:16:52	3:32:50	24	10:05:35
28	1019	Stéphane Delmas	H21	FRA	0:56:23	10	1:44:29	1:44:28	1:50:29	5:19:25	36	6:15:47	27	0:04:40	1:09:22	1:14:59	1:24:47	3:49:07	36	10:09:33
29	1056	Magnus Jönsson	H21	SWE	0:58:48	15	1:43:47	1:42:41	1:51:57	5:18:24	34	6:17:12	31	0:03:47	1:06:23	1:10:50	1:34:17	3:51:29	42	10:12:27
30	1045	Sander Hospers	H21	NED	1:10:43	66	1:44:32	1:38:57	1:39:59	5:03:27	22	6:14:10	26	0:04:16	1:14:32	1:17:04	1:26:14	3:57:50	52	10:16:15
31	1072	Kurt Marchand	H21	BEL	1:17:37	96	1:51:56	1:46:13	1:50:35	5:28:43	52	6:46:19	59	0:05:22	1:04:17	1:04:35	1:15:55	3:24:46	18	10:16:25
32	1103	Olivier Scheyts	H21	BEL	1:03:04	30	1:46:53	1:44:40	1:50:05	5:21:38	42	6:24:41	36	0:04:08	1:08:30	1:18:12	1:21:56	3:48:37	35	10:17:26
33	1050	Carsten Jaekel	H21	GER	0:58:56	19	1:49:03	1:44:44	1:45:38	5:19:24	35	6:18:20	32	0:03:05	1:08:10	1:14:40	1:33:19	3:56:08	50	10:17:32
34	1124	Paul Vinkenvleugel	H21	NED	1:19:16	102	1:43:41	1:43:54	1:49:02	5:16:36	31	6:35:52	43	0:05:32	1:04:09	1:14:41	1:18:41	3:37:30	28	10:18:53
35	1110	Stephane Dujoux	H21	BEL	1:09:40	59	1:54:54	1:47:47	1:54:59	5:37:40	64	6:47:20	61	0:06:24	1:04:24	1:08:55	1:13:24	3:26:41	21	10:20:24
36	1087	Peter Post	H21	NED	1:06:07	45	1:42:42	1:41:26	1:46:16	5:10:23	27	6:16:29	28	0:04:29	1:14:59	1:20:42	1:24:35	4:00:15	59	10:21:12
37	1137	Uffe Kristensen	H21	DEN	1:12:01	72	1:50:06	1:43:11	1:51:48	5:25:05	45	6:37:05	46	0:05:35	1:09:11	1:13:36	1:16:17	3:39:03	29	10:21:41
38	1078	Thomas Naasz	H21	NED	1:03:08	31	1:53:18	1:57:57	1:56:23	5:47:37	88	6:50:44	68	0:07:01	1:04:54	1:07:30	1:14:47	3:27:10	23	10:24:54
39	1014	Andryan Christoforov	H21	RUS	1:09:00	54	1:49:07	1:42:51	1:56:07	5:28:04	51	6:37:04	45	0:04:05	1:06:38	1:17:02	1:21:10	3:44:49	32	10:25:56
40	1049	Kjeld Iversen	H21	DEN	1:12:27	74	1:46:49	1:44:23	1:46:12	5:17:23	33	6:29:50	40	0:06:31	1:13:39	1:19:59	1:22:19	3:55:57	48	10:32:17
41	1005	Dirk de Bai	H21	BEL	1:15:51	85	1:48:38	1:45:51	1:47:59	5:22:27	43	6:38:18	47	0:05:37	1:15:39	1:17:30	1:17:13	3:50:20	39	10:34:14
42	1114	Lasse Troelsen	H21	DEN	1:04:22	38	1:47:12	1:43:13	1:46:46	5:17:11	32	6:21:32	33	0:06:49	1:08:34	1:19:25	1:38:00	4:05:57	70	10:34:17
43	1033	Christian Gobert	H21	BEL	0:58:48	16	1:51:18	1:46:21	1:53:36	5:31:13	56	6:30:01	42	0:06:00	1:12:29	1:20:18	1:26:17	3:59:04	55	10:35:04
44	1109	Stefaan D'Espallier	H21	BEL	1:01:46	26	1:52:54	1:47:26	1:54:55	5:35:15	60	6:37:00	44	0:03:51	1:09:04	1:18:56	1:28:07	3:56:06	49	10:36:57
45	1125	Wouter Vlamings	H21	NED	1:09:06	55	1:54:12	1:50:48	1:56:29	5:41:29	72	6:50:35	67	0:04:39	1:07:03	1:13:15	1:23:18	3:43:35	30	10:38:48
46	1062	Jurgen Kremers	H21	NED	1:13:27	79	1:47:22	1:48:42	1:51:44	5:27:46	50	6:41:13	52	0:04:19	1:13:02	1:21:52	1:19:49	3:54:42	46	10:40:13
47	1105	Günter Schöpf	H21	BEL	1:16:29	90	1:54:17	1:53:45	1:58:11	5:46:12	83	7:02:40	86	0:03:29	1:05:52	1:13:20	1:15:38	3:34:49	27	10:40:57
48	1057	Henrik Small Karlsen	H21	DEN	1:12:14	73	1:53:57	1:48:46	1:52:38	5:35:19	61	6:47:33	62	0:04:03	1:06:04	1:17:32	1:25:59	3:49:34	38	10:41:09
49	1018	Ebbe Dahl	H21	DEN	1:10:51	67	1:53:45	1:49:12	1:56:22	5:39:18	68	6:50:09	66	0:04:10	1:06:14	1:13:48	1:27:31	3:47:32	33	10:41:49
50	1059	Patrick van den Kerkhof	H21	NED	1:22:30	110	1:46:13	1:45:31	1:48:04	5:19:47	37	6:42:16	56	0:04:02	1:14:33	1:22:43	1:22:17	3:59:33	56	10:45:51
51	1130	Ton Wolfs	H21	NED	1:10:04	63	1:52:44	1:47:54	1:53:05	5:33:42	58	6:43:46	57	0:05:37	1:11:36	1:17:52	1:27:31	3:56:57	51	10:46:19

52	1041 Dirk Hellebuyck	H21	BEL	0:55:15	7	1:50:18	1:44:51	1:52:25	5:27:34	49	6:22:48	34	0:06:43	1:12:35	1:27:01	1:38:47	4:18:21	79	10:47:51
53	1021 Danny van Dijk	H21	NED	1:01:25	25	1:57:47	1:50:32	1:50:50	5:39:08	67	6:40:32	50	0:06:24	1:08:28	1:18:31	1:34:02	4:01:00	62	10:47:55
54	1123 Igor Vinck	H21	BEL	1:20:20	104	1:46:46	1:46:49	1:47:27	5:21:01	39	6:41:21	53	0:06:45	1:08:47	1:19:03	1:32:05	3:59:54	57	10:47:59
55	1098 Barry R'Ghans	H21	NED	1:06:48	47	1:51:39	1:51:03	1:57:02	5:39:43	69	6:46:31	60	0:04:22	1:14:20	1:18:59	1:24:38	3:57:56	53	10:48:48
56	1139 Stefan D'Hondt	H21	BEL	1:16:23	89	1:49:04	1:47:30	2:00:27	5:37:00	63	6:53:22	71	0:04:40	1:09:17	1:22:43	1:21:17	3:53:15	45	10:51:16
57	1055 Peter Johannesen	H21	DEN	1:04:49	39	1:52:51	1:51:03	1:51:47	5:35:40	62	6:40:29	49	0:06:01	1:19:02	1:27:16	1:18:43	4:05:00	68	10:51:29
58	1079 Michael Otto Nielsen	H21	DEN	1:13:57	80	1:50:22	1:44:33	1:50:44	5:25:38	46	6:39:35	48	0:13:12	1:15:49	1:21:02	1:23:12	4:00:02	58	10:52:48
59	1395 Flemming Andersson	H21	DEN	1:11:00	68	1:59:02	1:52:42	1:54:58	5:46:41	84	6:57:40	81	0:05:46	1:09:52	1:19:08	1:20:29	3:49:29	37	10:52:54
60	1117 Tony Vanderswalmen	H21	BEL	0:57:35	13	1:48:31	1:46:59	1:51:41	5:27:09	48	6:24:44	37	0:06:52	1:16:55	1:30:04	1:34:27	4:21:25	81	10:53:01
61	1089 Joachim Reitan	H21	NOR	1:23:40	112	1:45:21	1:45:41	1:50:26	5:21:28	41	6:45:07	58	0:03:17	1:12:54	1:22:45	1:30:04	4:05:42	69	10:54:06
62	1135 Arne Otterstad	H21	NOR	1:11:37	70	1:56:48	1:43:59	1:48:46	5:29:31	54	6:41:08	51	0:08:14	1:18:53	1:24:18	1:23:28	4:06:38	71	10:56:00
63	1394 Jeppe Skov	H21	DEN	1:16:35	91	1:53:28	1:52:39	1:54:59	5:41:04	71	6:57:39	80	0:05:48	1:09:52	1:19:20	1:29:14	3:58:26	54	11:01:51
64	1051 Mads Jakob Jensen	H21	DEN	1:14:50	83	1:55:23	1:51:33	1:54:48	5:41:43	74	6:56:33	76	0:05:36	1:19:54	1:21:06	1:23:17	4:04:17	65	11:06:25
65	1023 Rafael Drazyk	H21	GER	1:26:03	115	1:51:21	1:46:14	1:53:32	5:31:06	55	6:57:09	77	0:06:05	1:13:50	1:28:00	1:25:14	4:07:04	74	11:10:17
66	1071 Rene Mallmann	H21	NED	1:16:04	87	1:58:06	1:50:15	1:59:08	5:47:29	87	7:03:32	87	0:06:34	1:12:06	1:17:12	1:31:19	4:00:36	60	11:10:41
67	1107 Uffe Storgaard Sloth	H21	DEN	1:16:48	92	1:54:36	1:48:52	1:57:29	5:40:56	70	6:57:44	82	0:06:26	1:12:39	1:24:40	1:29:21	4:06:39	72	11:10:48
68	1066 Donny op de Locht	H21	BEL	1:05:45	41	1:58:55	1:47:59	1:56:25	5:43:18	78	6:49:03	63	0:07:56	1:18:22	1:28:44	1:31:03	4:18:08	78	11:15:05
69	1032 Richard Ginn	H21	GBR	1:45:46	124	1:50:41	1:48:19	1:55:22	5:34:22	59	7:20:07	108	0:04:19	1:10:58	1:15:09	1:24:58	3:51:04	41	11:15:29
70	1012 Joan Manuel Masip Casado	H21	ESP	1:03:32	35	1:53:21	1:56:27	1:56:06	5:45:53	82	6:49:24	64	0:04:46	1:20:14	1:40:12	1:22:36	4:23:01	84	11:17:10
71	1065 Filip Lievens	H21	BEL	1:01:19	24	2:06:34	2:01:22	2:05:59	6:13:54	113	7:15:12	101	0:04:52	1:15:56	1:20:18	1:24:37	4:00:50	61	11:20:53
72	1036 Eric Guioth	H21	FRA	1:17:54	98	1:58:29	1:54:27	2:01:51	5:54:46	95	7:12:39	95	0:05:47	1:10:22	1:15:15	1:38:45	4:04:21	66	11:22:46
73	1122 Nico Verduyn	H21	BEL	1:14:32	82	1:57:57	1:56:14	2:01:32	5:55:42	97	7:10:14	93	0:06:44	1:15:44	1:20:56	1:30:32	4:07:12	75	11:24:09
74	1116 Frank Vandenberghe	H21	BEL	1:14:02	81	1:58:47	1:57:35	2:06:24	6:02:45	105	7:16:46	103	0:05:49	1:12:50	1:22:39	1:26:09	4:01:37	63	11:24:11
75	1013 Vincent van Cauwenbergh	H21	BEL	1:02:59	28	1:58:59	1:56:22	1:59:06	5:54:26	94	6:57:25	79	0:04:43	1:14:30	1:26:25	1:41:40	4:22:34	83	11:24:40
76	1076 Laurent Michel	H21	FRA	1:18:24	99	1:57:50	1:52:22	2:04:57	5:55:08	96	7:13:32	96	0:06:34	1:08:22	1:22:08	1:36:21	4:06:50	73	11:26:55
77	1126 Jan Walravens	H21	BEL	1:13:15	77	1:53:52	1:48:51	1:59:43	5:42:25	75	6:55:40	74	0:04:52	1:17:03	1:36:50	1:33:57	4:27:49	87	11:28:19
78	1010 Laurent Bourguignon	H21	BEL	1:20:16	103	2:06:45	1:59:02	2:02:13	6:08:00	109	7:28:15	110	0:05:35	1:14:26	1:18:15	1:22:33	3:55:13	47	11:29:02
79	1138 Catalano Vincenzo	H21	ITA	1:17:04	95	2:12:54	1:57:10	2:01:21	6:11:23	110	7:28:27	111	0:07:46	1:13:42	1:18:41	1:20:31	3:52:53	43	11:29:06
80	1120 Jos van der Velden	H21	NED	1:09:46	61	1:55:31	1:51:03	1:57:15	5:43:49	79	6:53:34	72	0:07:21	1:20:44	1:34:34	1:33:21	4:28:39	88	11:29:33
81	1027 Peor Exmann	H21	NED	1:32:15	119	1:57:56	1:51:41	1:57:18	5:46:54	85	7:19:08	107	0:09:52	1:09:51	1:28:43	1:24:38	4:03:11	64	11:32:10
82	1140 Michiel van Niekerk	H21	NED	1:10:05	64	1:54:35	1:48:15	2:00:00	5:42:49	76	6:52:54	70	0:06:09	1:21:11	1:37:30	1:36:34	4:35:14	90	11:34:16
83	1111 Fred Streefland	H21	NED	1:03:48	36	2:08:17	2:01:04	2:04:26	6:13:46	112	7:17:33	104	0:12:30	1:14:24	1:22:18	1:27:58	4:04:38	67	11:34:41
84	1009 Alibert Bok	H21	NED	1:07:57	51	1:58:53	1:55:38	2:02:36	5:57:06	99	7:05:03	88	0:07:51	1:16:16	1:26:55	1:38:45	4:21:55	82	11:34:48
85	1083 Tim Ottesen	H21	DEN	1:09:42	60	1:53:41	1:51:55	1:57:28	5:43:02	77	6:52:43	69	0:07:28	1:20:50	1:38:44	1:35:46	4:35:18	91	11:35:28
86	1086 Jeroen Plevier	H21	NED	1:31:55	118	1:55:54	1:51:31	1:58:15	5:45:40	81	7:17:34	105	0:10:45	1:13:38	1:24:05	1:30:01	4:07:43	76	11:36:01
87	1008 Cor Boerman	H21	NED	1:09:11	56	1:52:04	1:47:51	1:52:48	5:32:41	57	6:41:52	55	0:04:25	1:16:08	1:26:48	2:07:06	4:50:01	98	11:36:17
88	1039 Dennis Heer	H21	NED	1:24:22	113	1:55:11	1:48:21	2:00:31	5:44:02	80	7:08:23	91	0:06:07	1:18:42	1:29:36	1:34:45	4:23:03	85	11:37:33
89	1080 Erik Nieuwenhuis	H21	NED	1:16:55	93	1:54:03	1:51:00	1:54:00	5:39:02	66	6:55:56	75	0:08:25	1:22:52	1:28:46	1:44:30	4:36:06	92	11:40:27
90	1035 Jan Grested	H21	DEN	1:25:48	114	1:51:32	1:45:22	1:52:17	5:29:11	53	6:54:59	73	0:07:26	1:17:06	1:28:21	1:53:13	4:38:39	96	11:41:03
91	1121 Eric Veltman	H21	NED	1:16:19	88	1:56:48	1:55:52	1:58:39	5:51:17	90	7:07:36	89	0:08:58	1:22:12	1:30:15	1:34:58	4:27:24	86	11:43:56
92	1084 Skylar Paulich	H21	GBR	1:05:04	40	2:10:58	1:59:55	2:03:11	6:14:03	114	7:19:07	106	0:07:53	1:18:59	1:33:08	1:27:44	4:19:50	80	11:46:49
93	1048 Ståle Ingebrigtsen	H21	NOR	1:33:53	122	2:00:33	1:54:48	2:00:33	5:55:52	98	7:29:45	112	0:07:05	1:15:55	1:21:31	1:32:51	4:10:16	77	11:47:04
94	1090 Joost de Ridder	H21	NED	1:03:01	29	2:00:01	1:48:45	1:58:10	5:46:55	86	6:49:55	65	0:10:47	1:28:50	1:43:59	1:36:59	4:49:46	97	11:50:27
95	1088 David Ratcliffe	H21	GBR	1:10:07	65	2:00:01	1:56:58	2:06:30	6:03:29	107	7:13:35	97	0:05:31	1:24:36	1:42:48	1:27:11	4:34:34	89	11:53:39
96	1119 Roy Vansteenkiste	H21	BEL	1:21:35	108	1:55:33	1:50:38	1:52:13	5:38:23	65	6:59:57	85	0:04:38	1:17:51	1:38:41	1:54:36	4:51:08	100	11:55:42
97	1136 Marco Roggeveen	H21	NED	0:56:27	11	1:55:17	1:58:35	2:06:53	6:00:45	103	6:57:12	78	0:03:55	1:09:46	1:48:09	1:57:08	4:55:02	102	11:56:08
98	1095 Didier Rooms	H21	BEL	1:13:16	78	1:59:01	1:56:45	2:04:53	6:00:38	102	7:13:53	98	0:07:42	1:28:23	1:39:35	1:30:05	4:38:02	95	11:59:36
99	1001 Gabriel Baelo Alvarez	H21	ESP	1:05:58	43	1:54:53	1:50:58	2:07:52	5:53:41	93	6:59:39	84	0:06:09	1:23:31	1:41:28	1:54:20	4:59:18	104	12:05:04
100	1028 Jimmy van den Eynden	H21	BEL	1:11:40	71	1:57:17	1:58:11	2:01:45	5:57:12	100	7:08:51	92	0:07:55	1:24:40	1:46:35	1:46:10	4:57:24	103	12:14:10
101	1026 Martijn Eugelink	H21	NED	1:09:51	62	1:56:58	1:59:12	2:05:28	6:01:37	104	7:11:28	94	0:05:55	1:32:32	1:45:20	1:49:08	5:06:59	106	12:24:21
102	1002 Michiel Amsink	H21	NED	1:21:33	107	2:00:29	1:54:51	1:57:41	5:53:00	91	7:14:33	99	0:08:53	1:33:23	1:45:50	1:44:22	5:03:34	105	12:26:58
103	1129 Jan de Wolde	H21	NED	1:27:50	116	2:06:12	2:02:37	2:08:16	6:17:03	115	7:44:52	115	0:06:50	1:21:18	1:35:02	1:40:38	4:36:57	93	12:28:38
104	1029 Jan Frandsen	H21	DEN	1:18:57	100	2:04:58	2:00:10	2:07:22	6:12:28	111	7:31:25	113	0:07:32	1:27:16	1:40:00	1:43:36	4:50:51	99	12:29:47
105	1025 Hans Eecloo	H21	BEL	1:20:57	106	2:10:13	2:09:10	2:16:06	6:35:28	118	7:56:24	116	0:10:48	1:31:25	1:32:44	1:48:13	4:52:20	101	12:59:31
106	1134 Rikkert Iwema	H21	NED	1:44:33	123	2:08:49	2:09:40	2:15:10	6:33:37	117	8:18:09	120	0:06:21	1:26:20	1:32:44	1:38:09	4:37:11	94	13:01:40
107	1053 Peter de Jeu	H21	NED	1:22:18	109	2:12:46	2:08:18	2:14:31	6:35:34	119	7:57:52	118	0:07:14	1:34:06	1:42:37	1:52:28	5:09:10	107	13:14:15
108	1020 Jacob Dencker	H21	DEN	1:19:12	101	1:57:31	1:53:11	1:58:01	5:48:42	89	7:07:54	90	0:06:12	1:20:52	2:10:04	2:29:27	6:00:21	111	13:14:27
109	1092 Arie Robbmond	H21	NED	1:17:44	97	1:55:29	1:50:40	1:55:33	5:41:41	73	6:59:24	83	0:07:55	1:21:01	2:14:53	2:34:04	6:09:57	112	13:17:15

110	1067 Kim Lund	H21	DEN	1:32:29	120	2:01:05	1:56:12	2:06:18	6:03:34	108	7:36:02	114	0:10:01	1:29:09	1:55:48	2:15:15	5:40:12	108	13:26:14
111	1043 Ed van Hillo	H21	NED	1:20:45	105	1:58:04	1:56:00	2:06:28	6:00:32	101	7:21:16	109	0:12:46	1:33:07	2:04:46	2:22:20	6:00:13	110	13:34:14
112	1064 Rik de Lange	H21	NED	1:23:22	111	1:54:06	1:56:19	2:02:58	5:53:21	92	7:16:43	102	0:07:21	1:46:45	2:00:25	2:23:03	6:10:12	113	13:34:15
113	1101 Alex van Schaik	H21	NED	1:33:27	121	2:05:16	2:07:54	2:10:48	6:23:57	116	7:57:23	117	0:05:28	1:48:19	1:57:22	2:05:45	5:51:25	109	13:54:16
114	1007 Olivier Bartolone	H21	FRA	1:17:03	94	2:01:21	2:16:58	2:22:45	6:41:03	120	7:58:06	119	0:06:14	2:00:29	2:11:59	2:15:08	6:27:35	114	14:31:54
115	1004 Harm van Baar	H21	NED	1:08:10	52	1:37:38	1:29:18	1:38:05	4:45:00	6	5:53:09	9	0:03:13	0:58:04	1:35:04				0
116	1104 Peter de Schipper	H21	NED	1:11:34	69	1:55:56	1:57:14	2:09:53	6:03:01	106	7:14:35	100	0:05:20	1:20:37	1:44:49				0
117	1081 Jakb Nørby	H21	DEN	0:56:53	12	1:35:30	1:32:43	1:40:09	4:48:21	9	5:45:13	6	0:03:25	1:04:37					0
118	1054 Jonas Steen Joensson	H21	SWE	1:05:54	42	1:48:08	1:47:04	1:48:54	5:24:05	44	6:29:58	41	0:04:20	1:07:57					0
119	1398 Jeroen van Geelen	H21	NED	1:16:02	86	1:49:51	1:47:08	1:48:41	5:25:40	47	6:41:42	54	0:05:19	1:07:30					0
120	1022 Wim de Doncker	H21	BEL	0:59:07	20	1:36:25	1:34:38	1:42:26	4:53:29	11	5:52:35	8	0:02:52						0
121	1061 Jeroen Korpershoek	H21	NED	1:09:29	58	1:38:21	1:39:11			0		0							0
122	1042 Randy Hendriks	H21	NED	1:13:03	76	1:58:14	1:56:46			0		0							0
123	1133 Hendrik Elkmann	H21	GER	1:28:29	117	1:48:11	1:58:47			0		0							0
124	1030 Lars de Gans	H21	NED	0:59:16	21	1:57:14				0		0							0

### Mannen 40-44

Plts	RaceNr	Naam	Cat	Nat	Swim	#S	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	Trans	Run1	Run2	Run3	Run	#R	Total
1	1150	Wim Cottyn	H40	BEL	1:05:05	10	1:34:37	1:34:46	1:38:54	4:48:16	1	5:53:21	1	0:03:27	1:03:52	1:03:04	1:21:35	3:28:30	4	9:25:17
2	1196	Hans Dieter Sündermann	H40	GER	1:01:55	3	1:47:12	1:42:01	1:46:02	5:15:14	5	6:17:08	3	0:04:09	1:06:52	1:09:25	1:11:20	3:27:37	1	9:48:53
3	1147	Jos Broeren	H40	NED	1:02:17	4	1:47:44	1:42:26	1:44:45	5:14:54	3	6:17:11	4	0:05:40	1:06:49	1:09:40	1:11:36	3:28:04	3	9:50:54
4	1198	Ludy Verstappen	H40	NED	1:01:03	2	1:45:01	1:40:12	1:49:47	5:14:59	4	6:16:02	2	0:04:47	1:03:28	1:08:01	1:20:37	3:32:05	5	9:52:53
5	1170	Nico Krijgsman	H40	NED	1:09:00	17	1:44:51	1:42:23	1:49:54	5:17:08	7	6:26:07	6	0:04:20	1:00:14	1:10:29	1:17:20	3:28:01	2	9:58:28
6	1195	Dirk Stock	H40	BEL	1:16:57	36	1:43:26	1:44:01	1:45:20	5:12:47	2	6:29:43	11	0:04:18	1:07:00	1:11:14	1:16:41	3:34:55	6	10:08:55
7	1207	Pieter Bas Leezenberg	H40	USA	1:02:39	5	1:49:13	1:44:38	1:52:41	5:26:31	12	6:29:09	9	0:06:12	1:13:48	1:15:29	1:19:09	3:48:26	8	10:23:47
8	1160	Geert Fleuren	H40	NED	1:02:54	7	1:47:10	1:42:40	1:50:09	5:19:59	9	6:22:52	5	0:04:31	1:15:06	1:25:17	1:27:05	4:07:26	21	10:34:49
9	1179	Tom Otte	H40	NED	1:20:54	41	1:46:07	1:43:40	1:47:56	5:17:42	8	6:38:35	13	0:05:46	1:12:16	1:19:23	1:25:12	3:56:50	14	10:41:10
10	1201	Wilco Witte	H40	NED	1:15:05	31	1:50:17	1:47:49	1:50:40	5:28:45	13	6:43:49	16	0:04:54	1:15:12	1:16:05	1:23:00	3:54:16	12	10:42:58
11	1158	Peter den Exter	H40	NED	1:11:06	24	1:54:02	1:49:11	1:55:59	5:39:11	23	6:50:17	21	0:05:25	1:11:44	1:17:11	1:18:50	3:47:44	7	10:43:25
12	1161	Geert Kerkaert	H40	BEL	1:02:47	6	1:48:58	1:49:23	1:50:57	5:29:17	14	6:32:04	12	0:03:41	1:17:08	1:25:55	1:30:09	4:13:11	24	10:48:54
13	1155	John Elbers	H40	NED	1:05:06	11	1:53:27	1:51:07	1:54:09	5:38:42	21	6:43:47	15	0:06:02	1:12:54	1:22:56	1:23:58	3:59:47	15	10:49:35
14	1186	Dirk Rolke	H40	GER	0:56:19	1	1:47:47	1:50:08	1:54:51	5:32:46	15	6:29:04	7	0:04:44	1:06:16	1:27:01	1:43:54	4:17:10	27	10:50:58
15	1204	Roger van den Hout	H40	NED	1:06:36	13	1:48:14	1:45:33	1:49:13	5:22:59	10	6:29:34	10	0:08:08	1:21:21	1:26:40	1:26:41	4:14:41	26	10:52:22
16	1153	Hugo Derycke	H40	BEL	1:10:04	23	1:56:35	1:49:09	1:52:50	5:38:33	20	6:48:36	20	0:10:12	1:11:22	1:20:20	1:22:08	3:53:49	11	10:52:37
17	1200	Piet van Vliet	H40	BEL	1:07:43	15	1:53:52	1:48:11	1:51:28	5:33:30	16	6:41:13	14	0:04:47	1:13:57	1:20:13	1:32:54	4:07:02	20	10:53:01
18	1193	Marco Stijnman	H40	NED	1:12:48	27	1:48:19	1:54:54	2:00:30	5:43:42	31	6:56:29	28	0:06:10	1:10:35	1:18:34	1:22:08	3:51:17	9	10:53:55
19	1141	Lars Andersen	H40	DEN	1:14:06	30	1:54:49	1:49:10	1:55:01	5:38:59	22	6:53:05	25	0:07:36	1:09:53	1:18:13	1:26:46	3:54:52	13	10:55:32
20	1173	Arthur Mekenkamp	H40	NED	1:15:34	32	1:54:40	1:49:35	1:53:33	5:37:47	18	6:53:20	26	0:06:28	1:15:18	1:19:36	1:25:58	4:00:52	17	11:00:39
21	1172	Mark Lodewijks	H40	NED	1:09:09	18	1:59:14	1:49:03	1:55:15	5:43:31	30	6:52:39	24	0:05:57	1:15:32	1:20:38	1:26:36	4:02:45	18	11:01:20
22	1142	Erik Bal	H40	NED	1:20:11	40	1:49:29	1:54:06	1:52:20	5:35:54	17	6:56:05	27	0:05:45	1:13:33	1:27:19	1:23:18	4:04:10	19	11:05:59
23	1052	Stefaan Dekoker	H40	BEL	1:13:41	29	2:01:19	1:55:43	1:58:35	5:55:35	34	7:09:16	35	0:07:50	1:14:42	1:22:08	1:14:42	3:51:31	10	11:08:36
24	1199	Eric Visser	H40	NED	1:03:06	8	1:51:13	1:44:57	1:49:52	5:26:02	11	6:29:07	8	0:04:18	1:17:41	1:53:08	1:27:58	4:38:45	35	11:12:10
25	1185	Ludger Rohe	H40	GER	1:09:49	22	1:56:59	1:51:04	1:53:19	5:41:21	26	6:51:10	22	0:07:56	1:17:03	1:24:23	1:33:14	4:14:39	25	11:13:44
26	1174	Rene Menke	H40	NED	1:09:38	21	1:58:18	1:53:19	1:57:11	5:48:48	32	6:58:25	30	0:06:51	1:23:30	1:22:33	1:24:41	4:10:42	22	11:15:58
27	1167	Ronald Koch	H40	NED	1:06:53	14	1:52:20	1:50:08	1:58:36	5:41:03	25	6:47:55	19	0:07:30	1:23:46	1:31:02	1:36:29	4:31:15	30	11:26:39
28	1175	Ronald Mertens	H40	NED	1:13:32	28	2:03:12	1:55:45	1:59:54	5:58:51	38	7:12:23	36	0:15:43	1:16:44	1:19:24	1:24:04	4:00:11	16	11:28:16
29	1202	Marco van der Zee	H40	NED	1:16:15	33	1:52:54	1:49:47	1:58:52	5:41:32	27	6:57:47	29	0:05:25	1:24:49	1:33:12	1:48:02	4:46:02	38	11:49:13
30	1166	Jerry Kleisen	H40	NED	1:11:17	25	1:51:43	1:50:19	1:58:42	5:40:44	24	6:52:00	23	0:04:54	1:27:02	1:40:14	1:47:05	4:54:19	42	11:51:12
31	1176	Bert-Jan Moll	H40	NED	1:08:08	16	2:03:43	1:57:08	1:59:28	6:00:18	39	7:08:25	34	0:08:29	1:18:45	1:30:55	1:45:10	4:34:49	32	11:51:42
32	1208	Arjan Griffioen	H40	NED	1:16:44	35	1:56:20	1:59:55	2:02:09	5:58:24	37	7:15:08	37	0:03:44	1:23:15	1:34:59	1:37:26	4:35:39	33	11:54:30
33	1149	Erik Gómez Cebral	H40	ESP	1:47:34	56	1:58:01	2:09:07	1:08:56	5:16:03	6	7:03:36	31	0:04:48	1:24:22	1:37:16	1:45:18	4:46:54	39	11:55:18
34	1156	Henk van Elst	H40	NED	1:09:29	20	2:00:52	1:54:19	2:02:33	5:57:43	36	7:07:12	33	0:07:03	1:35:16	1:36:45	1:40:15	4:52:15	41	12:06:28
35	1157	Erik Theunissen	H40	NED	1:35:45	54	2:02:11	2:05:45	2:09:05	6:17:01	43	7:52:45	48	0:04:21	1:19:14	1:24:55	1:26:38	4:10:46	23	12:07:51
36	1178	Juan Carlos Muñoz Oregui	H40	ESP	1:09:23	19	1:53:54	1:48:19	2:13:03	5:55:16	33	7:04:39	32	0:09:30	1:17:26	2:01:41	1:37:47	4:56:52	45	12:11:00
37	1180	Svend Pedersen	H40	DEN	1:21:28	43	1:56:54	1:54:51	2:05:24	5:57:09	35	7:18:36	38	0:06:11	1:23:41	1:40:21	1:44:31	4:48:32	40	12:13:17
38	1189	Mark Schoonhoven	H40	NED	1:45:55	55	2:00:39	1:54:49	1:46:12	5:41:40	28	7:27:34	39	0:06:15	1:27:32	1:33:34	1:39:44	4:40:50	37	12:14:38
39	1183	Wayne Poulter	H40	NED	1:17:46	37	2:05:56	1:58:12	2:07:40	6:11:47	42	7:29:33	41	0:06:20	1:17:05	1:29:47	1:52:35	4:39:26	36	12:15:18

40	1194 Bert van der Stock	H40	BEL	1:05:52	12	1:53:32	1:50:00	1:54:46	5:38:17	19	6:44:09	17	0:06:21	1:38:54	1:51:20	1:57:32	5:27:45	53	12:18:14
41	1171 Erik Kuypers	H40	BEL	1:32:22	52	2:04:23	2:02:54	2:10:18	6:17:34	44	7:49:55	47	0:06:08	1:21:04	1:27:53	1:38:21	4:27:17	28	12:23:19
42	1146 Walter Bout	H40	NED	1:22:47	46	2:02:43	2:00:32	2:02:51	6:06:05	40	7:28:52	40	0:07:25	1:27:13	1:45:14	1:42:54	4:55:21	43	12:31:36
43	1163 Holger Hennecke	H40	GER	1:27:06	51	2:10:16	2:14:31	2:14:22	6:39:07	50	8:06:13	50	0:07:46	1:23:30	1:31:18	1:33:04	4:27:50	29	12:41:49
44	1181 Francesco Piovesan	H40	BEL	1:16:42	34	2:08:02	2:03:21	2:17:56	6:29:18	48	7:45:59	45	0:07:13	1:25:00	1:48:26	1:42:56	4:56:21	44	12:49:32
45	1154 Jean-Luc Dufour	H40	BEL	1:22:33	45	2:11:28	2:16:43	2:19:01	6:47:11	53	8:09:43	52	0:08:45	1:23:31	1:36:44	1:36:22	4:36:35	34	12:55:02
46	1187 Koos de Rooij	H40	NED	1:34:55	53	2:18:23	2:09:45	2:15:35	6:43:42	52	8:18:36	53	0:08:21	1:24:38	1:33:28	1:35:09	4:33:14	31	13:00:10
47	1165 Bart Klein	H40	NED	1:21:59	44	2:07:21	2:04:44	2:13:39	6:25:43	46	7:47:42	46	0:07:16	1:26:37	1:47:04	1:53:01	5:06:41	47	13:01:38
48	1143 Ralf Becker	H40	GER	1:11:56	26	2:04:25	2:04:21	2:19:01	6:27:46	47	7:39:42	43	0:08:25	1:57:41	1:39:37	1:36:18	5:13:35	48	13:01:40
49	1197 Thomas Szymiczek	H40	GER	1:21:03	42	2:07:45	2:05:05	2:09:35	6:22:25	45	7:43:27	44	0:05:59	1:37:10	1:49:02	1:49:22	5:15:33	49	13:04:58
50	1203 Geert van de Vijver	H40	BEL	1:25:05	47	2:10:48	2:07:48	2:15:31	6:34:06	49	7:59:10	49	0:10:44	1:28:17	1:52:02	1:42:18	5:02:37	46	13:12:30
51	1192 Marcel Spoelder	H40	NED	1:26:01	49	2:05:55	2:01:55	2:03:49	6:11:39	41	7:37:39	42	0:11:16	1:27:46	1:48:58	2:09:09	5:25:53	52	13:14:47
52	1182 Sean Poultier	H40	GBR	1:26:49	50	2:11:19	2:15:50	2:14:45	6:41:53	51	8:08:42	51	0:13:26	1:19:28	1:50:13	2:10:50	5:20:30	51	13:42:36
53	1162 Leo Groenewegen	H40	NED	1:19:15	39	2:16:58	2:20:46	2:25:59	7:03:42	54	8:22:57	54	0:06:37	1:34:48	2:05:46	1:37:27	5:18:01	50	13:47:34
54	1188 Mike Rudd	H40	GBR	1:03:31	9	1:50:05	1:51:18	2:01:37	5:42:59	29	6:46:30	18	0:04:06	1:53:08				0	0
55	1190 Kees Schouten	H40	NED	1:25:36	48	1:52:49				0		0						0	0
56	1164 Simon Jones	H40	GBR	1:18:09	38					0		0						0	0

### Mannen 45-49

Plts	RaceNr	Naam	Cat	Nat	Swim	#S	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	Trans	Run1	Run2	Run3	Run	#R	Total
1	1215	Rob Barel	H45	NED	0:52:56	1	1:34:31	1:31:46	1:35:39	4:41:55	1	5:34:51	1	0:03:22	0:57:37	1:08:49	1:12:52	3:19:17	3	8:57:29
2	1261	Aart van Wijk	H45	NED	0:59:59	3	1:41:47	1:39:02	1:42:25	5:03:12	3	6:03:10	2	0:06:19	1:02:11	1:02:36	1:07:00	3:11:47	1	9:21:16
3	1267	Manuel Dequero Vazquez	H45	NED	1:04:16	9				5:02:48	2	6:07:04	3	0:03:36	1:01:52	1:05:59	1:07:10	3:15:00	2	9:25:39
4	1222	Freddy Cassiers	H45	BEL	1:20:53	43	1:41:58	1:41:32	1:45:14	5:08:43	4	6:29:36	9	0:05:34	1:01:35	1:05:11	1:13:16	3:20:01	4	9:55:09
5	1244	Adri van Rooij	H45	NED	1:03:26	6	3:34:54	1:46:25	0:01:12	5:22:30	13	6:25:56	5	0:06:32	1:06:37	1:12:29	1:14:01	3:33:06	7	10:05:33
6	1393	Bob Hansen	H45	DEN	1:06:28	13	1:46:36	1:46:10	1:49:58	5:22:43	14	6:29:10	7	0:06:02	1:06:58	1:09:03	1:16:20	3:32:19	5	10:07:30
7	1221	Jos Brouwer	H45	NED	1:05:30	10	1:49:34	1:49:31	1:50:29	5:29:33	19	6:35:02	13	0:05:35	1:04:51	1:10:28	1:19:42	3:35:00	10	10:15:37
8	1252	Erik Teunissen	H45	NED	1:10:10	16	1:47:51	1:40:56	1:47:01	5:15:48	7	6:25:58	6	0:04:47	1:10:10	1:17:43	1:30:38	3:58:30	19	10:29:14
9	1224	Nico van Dijk	H45	NED	1:14:33	26	1:47:29	1:42:39	1:49:36	5:19:42	11	6:34:15	12	0:06:38	1:11:22	1:12:57	1:25:55	3:50:13	14	10:31:04
10	1269	Arne Hviid	H45	DEN	1:16:21	30	1:50:24	1:45:37	1:51:28	5:27:28	17	6:43:48	21	0:04:34	1:10:26	1:15:10	1:17:51	3:43:25	12	10:31:47
11	1245	Marc Ryde	H45	BEL	1:11:47	20	1:52:35	1:46:25	1:50:19	5:29:18	18	6:41:05	15	0:06:16	1:05:48	1:13:04	1:28:30	3:47:21	13	10:34:40
12	1236	Jan van Loenen	H45	NED	1:19:42	40	1:43:09	1:43:54	1:48:40	5:15:42	6	6:35:23	14	0:04:26	1:10:28	1:20:03	1:25:06	3:55:36	17	10:35:24
13	1262	Jan van Zandvoort	H45	NED	1:17:28	34	1:54:45	1:51:29	1:53:23	5:39:37	27	6:57:04	30	0:04:04	1:06:36	1:12:03	1:16:19	3:34:58	9	10:36:06
14	1255	Eric van de Velde	H45	BEL	1:25:55	50	1:43:59	1:44:50	1:47:19	5:16:07	8	6:42:02	18	0:04:29	1:14:45	1:16:56	1:20:23	3:52:03	15	10:38:33
15	1258	Martin Waid	H45	GER	1:09:12	14	1:48:54	1:41:14	1:49:58	5:20:05	12	6:29:17	8	0:04:56	1:16:44	1:24:19	1:27:53	4:08:55	22	10:43:07
16	1220	Rob de Boer	H45	NED	1:20:36	42	1:58:04	1:50:39	1:54:05	5:42:47	31	7:03:23	33	0:05:47	1:06:50	1:12:58	1:14:38	3:34:26	8	10:43:35
17	1242	Norbert Wild	H45	GER	1:16:34	32	1:50:34	1:45:49	1:49:11	5:25:33	15	6:42:06	19	0:04:19	1:09:41	1:18:40	1:32:22	4:00:42	20	10:47:07
18	1241	Leo Muys	H45	NED	1:03:21	5	1:51:19	1:50:05	1:56:35	5:37:57	24	6:41:18	16	0:06:27	1:11:33	1:23:26	1:28:09	4:03:07	21	10:50:51
19	1226	Gerrit Goosen	H45	NED	1:20:00	41	2:13:09	1:53:26	1:53:35	6:00:09	39	7:20:08	39	0:05:29	1:07:24	1:10:44	1:14:34	3:32:41	6	10:58:17
20	1216	Jan de Best	H45	NED	0:59:50	2	1:52:18	1:46:59	1:50:31	5:29:47	20	6:29:37	10	0:06:35	1:21:39	1:27:57	1:33:05	4:22:40	26	10:58:51
21	1263	Paul Zuidervliet	H45	NED	1:13:36	22	1:48:20	1:43:00	1:47:06	5:18:25	10	6:32:00	11	0:04:49	1:20:12	1:29:13	1:32:47	4:22:10	24	10:58:59
22	1232	José Maria Izaguirre	H45	ESP	1:25:55	49	1:59:03	1:53:02	2:01:23	5:53:27	35	7:19:22	38	0:05:14	1:12:13	1:15:57	1:11:18	3:39:27	11	11:04:01
23	1247	Joop Schwalbach	H45	NED	1:09:58	15	1:51:40	1:50:08	1:52:41	5:34:28	21	6:44:26	22	0:05:28				4:18:35	23	11:08:28
24	1240	Vladimir Musienko	H45	RUS	1:13:00	21	1:52:17	2:00:27	2:04:30	5:57:12	37	7:10:12	35	0:03:54	1:15:09	1:20:14	1:20:12	3:55:34	16	11:09:39
25	1234	Wilfried de Kort	H45	NED	1:14:57	28	1:47:18	1:45:37	1:53:47	5:26:42	16	6:41:38	17	0:06:26	1:14:58	1:35:34	1:38:31	4:29:02	31	11:17:05
26	1243	Reginald Lacourt	H45	BEL	1:10:52	18	1:52:14	1:50:52	1:53:30	5:36:35	23	6:47:26	23	0:04:16	1:16:36	1:26:06	1:44:36	4:27:17	28	11:18:58
27	1250	Marc Sloopmaekers	H45	BEL	1:05:55	12	1:58:44	1:48:09	1:56:16	5:43:07	32	6:49:02	24	0:08:03	1:18:25	1:28:57	1:40:08	4:27:29	29	11:24:32
28	1217	Simon de Birk	H45	NED	1:25:24	48	1:48:39	1:43:53	1:45:45	5:18:16	9	6:43:40	20	0:05:03	1:17:52	1:39:09	1:40:25	4:37:25	36	11:26:07
29	1265	Jan Cuijpers	H45	NED	1:10:17	17	1:54:22	1:48:09	1:57:35	5:40:05	28	6:50:21	27	0:06:36	1:18:32	1:35:41	1:35:10	4:29:22	32	11:26:18
30	1257	Robby de Waele	H45	BEL	1:16:55	33	1:54:18	1:50:46	1:55:32	5:40:36	29	6:57:30	32	0:05:10	1:13:57	1:25:47	1:45:20	4:25:03	27	11:27:42
31	1249	Frans Segerink	H45	NED	1:18:14	38	1:56:40	1:48:52	1:53:44	5:39:15	26	6:57:29	31	0:04:36	1:10:59	1:21:31	1:55:49	4:28:18	30	11:30:22
32	1238	Nico Maijer	H45	NED	1:17:40	35	2:01:49	1:53:41	2:02:28	5:57:57	38	7:15:37	36	0:07:15	1:11:56	1:21:03	1:49:13	4:22:11	25	11:45:02
33	1219	George Blom	H45	NED	1:14:13	23	1:50:32	1:46:45	1:58:20	5:35:36	22	6:49:49	25	0:05:36	1:29:42	1:43:47	1:46:11	4:59:38	43	11:55:03
34	1251	Hans van Sloten	H45	NED	1:34:42	53	2:04:27	2:07:55	2:07:11	6:19:32	47	7:54:13	48	0:05:51	1:15:15	1:18:52	1:23:26	3:57:31	18	11:57:35
35	1239	Hans Meel	H45	NED	1:16:22	31	1:58:39	1:55:24	1:55:08	5:49:10	33	7:05:31	34	0:07:38	1:16:39	1:41:47	1:53:57	4:52:22	42	12:05:30
36	1254	Gerard van Veen	H45	NED	1:14:23	25	2:00:21	1:59:49	2:02:54	6:03:03	40	7:17:25	37	0:09:40	1:26:10	1:38:23	1:37:05	4:41:37	37	12:08:41
37	1228	Ove Hansen	H45	NOR	1:29:45	51	1:59:23	1:53:56	2:00:16	5:53:34	36	7:23:19	42	0:07:00	1:25:11	1:33:37	1:44:36	4:43:23	39	12:13:41

38	1225	Fred Kamp	H45	NED	1:18:17	39	2:06:19	2:01:46	2:08:26	6:16:30	46	7:34:46	46	0:07:13	1:25:19	1:32:16	1:35:14	4:32:48	33	12:14:47
39	1248	Kees Schwiebbe	H45	GER	1:23:37	45	2:04:35	2:00:32	2:03:07	6:08:13	44	7:31:50	45	0:08:03	1:22:32	1:32:36	1:40:03	4:35:10	34	12:15:01
40	1218	Erik Bloklander	H45	NED		0					0		0		1:22:05	2:06:43	1:51:46	5:20:33	47	12:16:00
41	1214	Ruud Bakker	H45	NED	1:14:48	27	2:02:37	1:57:49	2:05:40	6:06:05	41	7:20:53	40	0:09:28	1:22:31	1:35:49	1:48:00	4:46:19	41	12:16:39
42	1268	Rolf Bouman	H45	NED	1:14:17	24	1:51:06	1:50:53	1:59:58	5:41:56	30	6:56:13	28	0:08:44	1:33:23	1:47:14	1:54:56	5:15:31	45	12:20:28
43	1223	Michael Damm	H45	NED	1:23:21	44	2:04:31	2:02:45	1:59:02	6:06:17	42	7:29:37	43	0:09:34	1:27:25	1:36:14	1:39:59	4:43:37	40	12:22:47
44	1231	Alex Hendriks	H45	NED	1:31:08	52	2:04:07	2:08:49	2:35:24	6:48:19	50	8:19:27	51	0:07:12	1:20:27	1:35:20	1:41:30	4:37:16	35	13:03:54
45	1235	Eibert Leusink	H45	NED	1:18:11	37	2:00:11	1:59:52	2:11:29	6:11:32	45	7:29:42	44	0:10:31	1:33:27	1:51:09	1:59:57	5:24:32	48	13:04:43
46	1212	Emiel Alloo	H45	NED	1:17:56	36	2:08:18	2:11:15	2:14:31	6:34:03	48	7:51:59	47	0:05:42	1:28:44	1:43:30	1:55:25	5:07:39	44	13:05:19
47	1237	Hans Lurks	H45	NED	1:54:20	55	2:20:53	2:09:05	2:13:47	6:43:44	49	8:38:03	53	0:07:47	1:28:07	1:35:11	1:39:46	4:43:03	38	13:28:52
48	1211	Chris Buijtenhuijs	H45	NED	1:25:23	47	2:15:54	2:15:38	2:17:49	6:49:20	51	8:14:42	50	0:09:43	1:35:31	1:50:27	2:00:17	5:26:14	49	13:50:38
49	1213	Hans Bakker	H45	NED	1:24:56	46	2:22:57	2:22:32	2:26:10	7:11:38	53	8:36:34	52	0:08:23	1:33:42	1:50:47	1:53:24	5:17:52	46	14:02:47
50	1253	Ivo Timmermans	H45	NED	1:46:11	54	2:21:50	2:24:14	2:26:32	7:12:35	54	8:58:46	54	0:09:32	1:47:10	1:55:40	1:49:01	5:31:50	50	14:40:07
51	1270	Henri Bijnen	H45	NED	1:11:33	19	1:53:02	1:47:03	1:58:43	5:38:47	25	6:50:20	26	0:04:41	1:14:02	2:17:23			0	
52	1246	Jan Mikael Schaadt	H45	ESP	1:03:12	4	2:17:03	2:11:55	2:26:27	6:55:23	52	7:58:35	49	0:07:14	1:37:36	2:11:03			0	
53	1264	Stéphane Boon	H45	BEL	1:05:47	11	1:50:37	1:49:54	2:10:27	5:50:56	34	6:56:43	29	0:07:58	1:30:39				0	
54	1256	Hans van Vlijmen	H45	NED	1:03:34	7	1:43:45	1:40:40	1:48:36	5:13:00	5	6:16:34	4						0	
55	1227	Wilard Hamstra	H45	NED	1:15:51	29	2:12:20	3:52:48	0:01:37	6:06:44	43	7:22:35	41						0	
56	1260	Geert-Jan Westra	H45	NED	1:04:09	8	2:07:24				0		0						0	

#### Mannen 50-54

Plts	RaceNr	Naam	Cat	Nat	Swim	#S	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	Trans	Run1	Run2	Run3	Run	#R	Total
1	1288	Arie van der Stel	H50	NED	1:07:50	2	1:48:31	1:44:43	1:47:58	5:21:10	1	6:29:00	1	0:04:47	1:08:35	1:13:30	1:16:55	3:38:59	1	10:12:45
2	1285	Luc Tacq	H50	BEL	1:19:24	6	1:55:32	1:49:26	1:59:03	5:44:00	3	7:03:24	3	0:05:41	1:13:14	1:19:25	1:18:30	3:51:08	2	11:00:11
3	1283	Eric Severins	H50	NED	1:04:58	1	1:53:19	1:46:30	1:52:17	5:32:06	2	6:37:03	2	0:05:52	1:20:46	1:32:56	1:42:25	4:36:06	8	11:19:00
4	1275	Christian Menard	H50	FRA	1:16:30	4	2:00:22	1:59:38	2:02:54	6:02:53	8	7:19:23	5	0:04:33	1:11:15	1:22:54	1:36:59	4:11:07	5	11:35:02
5	1287	Frans Vermeer	H50	NED	1:36:28	12	1:56:35	1:54:40	1:59:41	5:50:55	4	7:27:23	8	0:10:30	1:17:15	1:19:39	1:23:16	4:00:10	3	11:38:01
6	1284	Henk Smits	H50	NED	1:20:59	8	2:01:51	1:57:37	2:02:17	6:01:45	7	7:22:43	6	0:07:15	1:19:35	1:33:33	1:32:11	4:25:18	6	11:55:16
7	1276	Dick van Doorn	H50	NED	1:46:15	13	2:00:55	1:57:08	2:01:47	5:59:49	6	7:46:04	11	0:04:22	1:20:46	1:21:26	1:25:38	4:07:49	4	11:58:14
8	1271	Bernd Bittner	H50	GER	1:18:19	5	2:11:35	2:06:19	2:10:04	6:27:56	12	7:46:14	12	0:10:30	1:28:56	1:26:37	1:35:29	4:31:01	7	12:27:45
9	1280	Hans Paulich	H50	GBR	1:13:57	3	2:09:46	2:03:01	2:12:53	6:25:39	11	7:39:35	9	0:17:11	1:25:34	1:35:52	1:42:37	4:44:02	11	12:40:47
10	1274	Peter van Campenhout	H50	NED	1:19:24	7	2:00:15	1:53:22	2:00:54	5:54:30	5	7:13:54	4	0:06:21	1:38:47	1:44:07	1:57:56	5:20:49	13	12:41:03
11	1279	Rob Oosterbaan	H50	NED	1:24:03	10	2:15:36	2:04:50	2:11:42	6:32:07	14	7:56:09	13	0:08:49	1:19:12	1:31:37	1:51:56	4:42:43	10	12:47:40
12	1277	Gustaaf Callens	H50	BEL	1:21:25	9	2:00:51	1:59:56	2:05:10	6:05:56	9	7:27:20	7	0:07:07	1:38:54	1:48:12	1:49:48	5:16:53	12	12:51:19
13	1168	Hans Bosman	H50	NED	1:53:04	14	2:11:16	2:09:47	2:08:18	6:29:20	13	8:22:23	14	0:06:31	1:31:05	1:31:33	1:37:11	4:39:48	9	13:08:41
14	1286	Jan Truijens	H50	NED	1:31:02	11	1:58:41	2:00:42	2:11:21	6:10:43	10	7:41:44	10	0:07:18	1:37:54	2:01:11	1:52:48	5:31:52	14	13:20:54

#### Mannen 55-59

Plts	RaceNr	Naam	Cat	Nat	Swim	#S	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	Trans	Run1	Run2	Run3	Run	#R	Total
1	1303	Gerrit ten Brinke	H55	NED	1:19:38	5	1:43:41	1:44:42	1:47:30	5:15:51	1	6:35:29	1	0:03:25	1:07:48	1:16:02	1:21:09	3:44:58	1	10:23:51
2	1296	Leo de Hartog	H55	NED	1:13:57	2	1:56:45	1:52:56	1:53:30	5:43:11	3	6:57:07	3	0:06:31	1:11:41	1:19:18	1:23:04	3:54:02	2	10:57:39
3	1294	Francis Topart	H55	BEL	1:24:37	7	1:57:13	1:54:35	1:57:06	5:48:53	4	7:13:30	4	0:06:16	1:12:56	1:22:28	1:32:02	4:07:25	3	11:27:10
4	1291	Willy Blommaert	H55	BEL	1:14:04	3	1:55:54	1:49:40	1:54:05	5:39:38	2	6:53:42	2	0:07:37	1:19:01	1:40:37	1:34:56	4:34:34	6	11:35:51
5	1295	Norbert Hallemeesch	H55	BEL	1:17:12	4	2:03:08	1:59:57	2:00:11	6:03:15	5	7:20:26	5	0:06:58	1:14:49	1:22:41	1:41:30	4:18:58	4	11:46:21
6	1300	Adri van Tilburg	H55	NED	1:26:17	8	2:07:46	2:01:58	2:07:55	6:17:38	8	7:43:54	9	0:09:06	1:27:28	1:30:29	1:33:41	4:31:36	5	12:24:36
7	1292	Josef Derks	H55	GER	1:27:24	9	2:00:47	1:59:55	2:04:07	6:04:48	6	7:32:11	7	0:11:39	1:26:07	1:34:57	1:45:42	4:46:45	7	12:30:34
8	1302	Fred Zegwaard	H55	NED	1:20:52	6	2:09:43	2:00:45	2:09:15	6:19:43	9	7:40:34	8	0:05:54	1:30:32	1:52:37	1:57:45	5:20:53	9	13:07:20
9	1299	Jan Schijf	H55	NED	1:37:18	10	2:12:56	2:11:00	2:15:41	6:39:35	10	8:16:53	10	0:10:20	1:30:40	1:43:52	1:54:37	5:09:07	8	13:36:19
10	1293	Pierre Doucet	H55	BEL	1:12:59	1	2:04:01	1:58:50	2:05:02	6:07:52	7	7:20:50	6	0:05:42					0	
11	1301	Joop van Veenendaal	H55	NED	1:49:27	11					0		0						0	

#### Mannen 60-64

Plts	RaceNr	Naam	Cat	Nat	Swim	#S	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	Trans	Run1	Run2	Run3	Run	#R	Total
1	1308	Henk Fidder	H60	NED	1:19:39	1	1:55:14	1:50:07	1:51:59	5:37:19	1	6:56:58	1	0:07:14	1:19:53	1:28:16	1:41:34	4:29:43	1	11:33:54
2	1306	Willem Boon	H60	NED	1:21:17	2	2:06:06	2:03:32	2:06:19	6:15:56	2	7:37:12	2	0:08:38	1:30:16	1:38:24	2:03:52	5:12:31	2	12:58:20
3	1309	Stan Ketelaars	H60	NED	1:45:34	3	2:08:21	2:08:57	2:17:48	6:35:05	3	8:20:39	3	0:10:10	1:32:05	1:59:55	2:19:10	5:51:09	3	14:21:57

### Mannen 65+

Plts	RaceNr	Naam	Cat	Nat	Swim	#S	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	Trans	Run1	Run2	Run3	Run	#R	Total
1	1311	Richard Westerbeek	H65	NED	1:25:26	1	2:05:24	2:03:49	2:09:37	6:18:49	1	7:44:15	1	0:06:54	1:35:15	1:48:52	1:45:27	5:09:32	1	13:00:40

### Vrouwen <40

Plts	RaceNr	Naam	Cat	Nat	Swim	#S	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	Trans	Run1	Run2	Run3	Run	#R	Total
1	1354	Gabriele Keck	D21	GER	1:00:07	1	1:50:02	1:44:30	1:48:02	5:22:33	3	6:22:39	2	0:03:47	1:03:30	1:07:23	1:11:11	3:22:03	1	9:48:29
2	1358	Irene Kinnegim	D21	NED	1:08:37	5	1:44:48	1:40:10	1:45:26	5:10:23	1	6:19:00	1	0:03:35	1:07:03	1:11:24	1:14:34	3:33:00	3	9:55:35
3	1360	Kristin Lie	D21	NOR	1:14:45	9	1:48:33	1:45:02	1:47:07	5:20:41	2	6:35:26	5	0:03:27	1:00:21	1:07:25	1:19:44	3:27:28	2	10:06:20
4	1364	Saskia te Velde	D21	NED	1:19:18	10	1:49:35	1:45:05	1:48:13	5:22:53	4	6:42:10	6	0:03:17	1:12:14	1:15:50	1:19:28	3:47:32	5	10:32:58
5	1353	Line Brix Frandsen	D21	DEN	1:14:08	8	1:56:30	1:56:43	1:56:24	5:49:35	7	7:03:43	9	0:03:53	1:04:44	1:11:46	1:17:13	3:33:41	4	10:41:17
6	1356	Anne Helene Jacobsen	D21	DEN	1:02:39	2	1:50:58	1:47:30	1:51:58	5:30:25	6	6:33:03	4	0:05:14	1:10:05	1:18:53	1:42:55	4:11:52	7	10:50:09
7	1357	Bianca van den Kieboom	D21	BEL	1:09:36	6	1:46:46	1:44:43	1:51:57	5:23:25	5	6:33:00	3	0:03:52	1:20:00	1:24:55	1:30:35	4:15:30	10	10:52:20
8	1351	Cathy Atkinson	D21	GBR	1:11:51	7	1:56:28	1:54:31	1:59:07	5:50:04	8	7:01:55	7	0:09:43	1:19:03	1:21:59	1:24:46	4:05:46	6	11:17:22
9	1352	Nicole Flinterhoff	D21	GER	1:03:06	3	1:59:53	1:57:18	2:02:48	5:59:59	9	7:03:04	8	0:04:58	1:18:44	1:25:06	1:30:19	4:14:09	8	11:22:10
10	1361	Annemieke Rademaker	D21	NED	1:06:02	4	2:00:59	2:00:26	2:12:32	6:13:56	10	7:19:57	10	0:04:32	1:18:28	1:24:30	1:32:25	4:15:22	9	11:39:50
11	1362	Nel Schoehuijs	D21	NED	1:23:57	11	2:07:07	2:10:14	2:14:15	6:31:35	11	7:55:31	11	0:08:43	1:26:56	1:48:26	1:46:40	5:02:01	11	13:06:14
12	1359	Kristine Letholm	D21	DEN	1:29:46	13	2:23:34	2:19:51	2:27:01	7:10:25	14	8:40:10	14	0:06:22	1:32:42	1:45:55	1:58:28	5:17:04	12	14:03:35
13	1355	Deborah van Heijningen	D21	NED	1:37:28	14	2:20:08	2:16:05	2:20:28	6:56:39	12	8:34:07	13	0:16:02	1:38:07	1:53:10	2:00:59	5:32:15	13	14:22:22
14	1365	Angelika Wilde	D21	GER	1:27:30	12	2:18:08	2:17:23	2:24:26	6:59:56	13	8:27:25	12	0:09:19	1:56:02	1:51:47	1:59:49	5:47:37	14	14:24:21

### Vrouwen 40-44

Plts	RaceNr	Naam	Cat	Nat	Swim	#S	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	Trans	Run1	Run2	Run3	Run	#R	Total
1	1371	Mieke Bossuyt	D40	BEL	1:10:18	1	2:15:44	2:20:59	2:28:57	7:05:38	2	8:15:55	2	0:07:08	1:18:55	1:32:06	1:36:47	4:27:47	1	12:50:49
2	1374	Gerda van der Veen	D40	NED	1:13:08	2	2:15:48	2:14:59	2:20:21	6:51:06	1	8:04:14	1	0:07:28	1:28:49	1:41:28	1:47:14	4:57:30	2	13:09:10
3	1372	Tonny Deckers	D40	NED	1:15:20	3	2:23:45				0		0						0	

### Vrouwen 45-49

Plts	RaceNr	Naam	Cat	Nat	Swim	#S	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	Trans	Run1	Run2	Run3	Run	#R	Total
1	1376	Remke den Bremer	D45	NED	1:20:28	1	2:18:36	2:13:05	2:14:02	6:45:43	1	8:06:10	1	0:09:17	1:34:00	1:41:55	1:58:25	5:14:19	1	13:29:46

### Vrouwen 55-59

Plts	RaceNr	Naam	Cat	Nat	Swim	#S	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	Trans	Run1	Run2	Run3	Run	#R	Total
1	1381	Trijnie Roozendaal-Rep	D55	NED	1:27:05	1	2:00:24	1:55:26	1:59:34	5:55:23	1	7:22:28	1	0:06:12	1:25:23	1:26:07	1:28:04	4:19:33	1	11:48:12

Timing & Results ChampionChip NL - Created 31-8-2006 11:02:23