

# UPC Holland Triathlon Almere 30-08-2008

## Result Long Distance Individual by Category

### Mannen <40

Pits	RaceNr	Naam	Cat	Nat	Swim1	Swim2	Swim	#S	T1	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	T2	Run1	Run2	Run3	Run	#R	Total
1	157	Bruno HeccH21	FRA		0:14:46	0:38:18	0:53:03	6	0:03:52	1:32:10	1:30:53	1:33:53	4:36:55	3	5:33:50	2	0:03:49	0:54:59	0:57:50	1:00:22	2:53:10	1	8:30:48
2	153	Stefan WerH21	DUI		0:14:48	0:38:23	0:53:11	8	0:02:39	1:25:18	1:29:14	1:31:42	4:26:13	1	5:22:03	1	0:02:59	0:58:53	1:01:39	1:07:55	3:08:26	6	8:33:27
3	111	Alberto RovH21	ITA		0:16:53	0:43:38	1:00:30	31	0:03:18	1:36:12	1:35:54	1:38:04	4:50:09	14	5:53:57	13	0:02:40	0:53:01	0:57:51	1:03:11	2:54:02	2	8:50:38
4	2	Daniel AvarH21	NED		0:17:49	0:46:26	1:04:15	47	0:03:50	1:30:41	1:30:25	1:33:19	4:34:24	2	5:42:28	4	0:03:29	0:57:47	1:01:58	1:06:04	3:05:48	5	8:51:45
5	6	Matthijs vaiH21	NED		0:14:45	0:38:18	0:53:03	5	0:02:14	1:33:07	1:31:31	1:35:34	4:40:11	4	5:35:27	3	0:02:24	0:59:12	1:07:28	1:11:29	3:18:09	14	8:55:59
6	5	Corné KleinH21	NED		0:15:18	0:40:21	0:55:39	13	0:02:38	1:33:25	1:33:21	1:37:46	4:44:32	5	5:42:48	5	0:02:40	0:58:38	1:02:57	1:11:39	3:13:13	9	8:58:40
7	29	Bas BorremH21	NED		0:14:45	0:38:07	0:52:52	3	0:02:26	1:33:03	1:34:47	1:39:42	4:47:31	10	5:42:48	6	0:02:42	1:00:21	1:06:10	1:08:28	3:14:58	10	9:00:27
8	154	Wouter WitH21	NED		0:16:46	0:41:53	0:58:39	21	0:03:12	1:36:47	1:38:27	1:42:47	4:58:00	30	5:59:50	20	0:03:23	0:57:08	0:59:06	1:01:03	2:57:17	4	9:00:28
9	139	Stefan van vH21	NED		0:15:18	0:40:00	0:55:18	11	0:02:40	1:37:14	1:39:52	1:40:33	4:57:39	27	5:55:35	15	0:02:51	0:58:46	1:03:42	1:06:28	3:08:55	7	9:07:20
10	100	Andrej OrlikH21	SVK		0:14:27	0:37:20	0:51:47	1	0:02:42	1:35:39	1:43:06	1:57:25	5:16:10	55	6:10:38	37	0:06:05	0:55:26	0:59:16	1:01:34	2:56:16	3	9:12:58
11	145	Jacob VeenH21	NED		0:16:37	0:42:17	0:58:53	23	0:03:08	1:36:35	1:36:26	1:38:46	4:51:46	16	5:53:46	12	0:03:01	1:01:47	1:05:58	1:09:28	3:17:12	13	9:13:58
12	155	Henk-Jan D H21	NED		0:14:43	0:38:19	0:53:02	4	0:03:15	1:35:27	1:34:06	1:37:40	4:47:12	8	5:43:28	8	0:03:40	1:01:47	1:10:52	1:16:32	3:29:10	26	9:16:17
13	4	Anton Mol H21	NED		0:15:22	0:42:33	0:57:55	17	0:02:46	1:36:08	1:39:11	1:42:36	4:57:53	28	5:58:33	17	0:02:54	0:59:01	1:03:52	1:14:05	3:16:57	12	9:18:24
14	12	Merijn SchuH21	NED		0:16:21	0:42:48	0:59:08	28	0:02:54	1:33:05	1:34:04	1:39:03	4:46:12	6	5:48:13	10	0:02:45	1:03:48	1:09:04	1:16:17	3:29:09	25	9:20:06
15	110	Bart RooveiH21	BEL		0:16:34	0:42:33	0:59:07	27	0:03:49	1:33:55	1:38:12	1:41:32	4:53:37	21	5:56:33	16	0:03:02	1:03:11	1:07:31	1:12:27	3:23:08	21	9:22:42
16	9	Patrick LoelH21	DUI		0:16:53	0:43:30	1:00:22	30	0:02:46	1:33:42	1:36:09	1:41:12	4:51:02	15	5:54:09	14	0:02:59	1:00:50	1:13:09	1:15:42	3:29:40	27	9:26:48
17	129	Keld ThomsH21	DEN		0:18:07	0:47:26	1:05:33	52	0:05:06	1:34:29	1:36:55	1:38:36	4:49:59	12	6:00:37	22	0:02:53	1:03:03	1:07:01	1:13:23	3:23:26	23	9:26:55
18	140	Leon van deH21	NED		0:15:19	0:40:06	0:55:25	12	0:04:12	1:41:47	1:41:51	1:42:54	5:06:31	42	6:06:07	32	0:03:14	1:03:51	1:06:05	1:08:19	3:18:14	15	9:27:34
19	132	Ramon van H21	NED		0:15:51	0:41:55	0:57:45	15	0:02:30	1:41:10	1:41:51	1:42:51	5:05:52	41	6:06:06	31	0:03:12	1:03:55	1:06:04	1:08:21	3:18:18	16	9:27:35
20	11	Jeroen ScheH21	NED		0:16:54	0:44:01	1:00:54	33	0:02:53	1:40:01	1:38:51	1:42:55	5:01:46	34	6:05:32	29	0:02:45	1:02:21	1:05:08	1:13:46	3:21:13	19	9:29:29
21	119	Peter SchneH21	DUI		0:16:29	0:42:37	0:59:06	26	0:03:26	1:37:47	1:42:11	1:46:36	5:06:33	43	6:09:04	35	0:05:11	1:02:55	1:05:24	1:08:25	3:16:43	11	9:30:58
22	122	Daniel SiwoH21	DUI		0:17:06	0:46:29	1:03:35	45	0:04:15	1:38:15	1:37:18	1:39:47	4:55:18	23	6:03:07	26	0:03:07	1:03:20	1:09:15	1:14:37	3:27:11	24	9:33:24
23	104	Bart PeeterH21	BEL		0:17:23	0:45:30	1:02:53	41	0:04:51	1:37:27	1:36:50	1:39:10	4:53:27	20	6:01:09	23	0:03:08	1:05:25	1:11:05	1:13:28	3:29:57	28	9:34:13
24	159	Patrik WebH21	ZWI		0:14:38	0:38:10	0:52:47	2	0:02:41	1:32:54	1:34:46	1:39:43	4:47:22	9	5:42:49	7	0:03:21	1:08:58	1:14:17	1:27:04	3:50:17	49	9:36:27
25	59	Marc GockeH21	DUI		0:16:29	0:42:26	0:58:55	24	0:04:41	1:38:08	1:41:35	1:47:04	5:06:46	45	6:10:21	36	0:03:44	1:01:33	1:07:45	1:13:53	3:23:10	22	9:37:15
26	96	Peter NowaH21	DUI		0:18:54	0:50:36	1:09:30	75	0:04:26	1:39:09	1:39:35	1:42:37	5:01:20	33	6:15:15	43	0:03:27	1:04:21	1:05:12	1:09:23	3:18:54	17	9:37:35
27	30	Frank BrengH21	DUI		0:19:49	0:51:16	1:11:05	83	0:04:01	1:37:01	1:38:29	1:43:23	4:58:52	31	6:13:57	41	0:04:18	1:02:10	1:08:38	1:09:07	3:19:55	18	9:38:09
28	108	Sander RietH21	NED		0:18:13	0:48:20	1:06:33	59	0:03:04	1:35:39	1:38:59	1:41:49	4:56:26	24	6:06:02	30	0:02:39	1:04:35	1:12:58	1:15:10	3:32:41	31	9:41:21
29	31	Bart BulckaH21	BEL		0:18:50	0:50:43	1:09:32	76	0:03:32	1:39:38	1:40:57	1:43:50	5:04:23	39	6:17:26	45	0:04:29	1:02:52	1:07:59	1:12:09	3:23:00	20	9:44:55
30	69	Frank HerreH21	BEL		0:16:33	0:41:49	0:58:22	18	0:03:48	1:37:39	1:38:51	1:46:02	5:02:31	35	6:04:41	28	0:04:02	1:04:22	1:10:50	1:21:56	3:37:07	34	9:45:49
31	112	Jens RudolfH21	DUI		0:18:19	0:48:12	1:06:30	58	0:03:23	1:33:48	1:34:16	1:40:41	4:48:44	11	5:58:36	18	0:03:03	1:02:46	1:18:27	1:23:35	3:44:48	45	9:46:26
32	92	Bradley MuH21	GB		0:16:18	0:42:29	0:58:46	22	0:03:42	1:40:36	1:43:25	1:49:42	5:13:42	52	6:16:10	44	0:03:37	1:04:38	1:11:44	1:14:24	3:30:45	29	9:50:31
33	168	Rudolf WillH21	NED		0:18:41	0:49:37	1:08:17	70	0:03:05	1:40:51	1:40:46	1:45:11	5:06:47	46	6:18:08	46	0:03:17	1:07:20	1:12:38	1:14:41	3:34:38	33	9:56:01
34	26	Thomas BeiH21	BEL		0:20:30	0:53:46	1:14:16	101	0:04:07	1:43:04	1:46:04	1:52:56	5:22:02	65	6:40:24	70	0:03:58	0:57:01	1:05:56	1:09:56	3:12:51	8	9:57:12
35	35	Per ChristofH21	DEN		0:16:50	0:45:39	1:02:29	39	0:04:12	1:41:12	1:45:27	1:46:06	5:12:44	51	6:19:24	49	0:04:36	1:05:23	1:14:46	1:13:47	3:33:55	32	9:57:54
36	124	Jochem SlijH21	NED		0:15:48	0:42:02	0:57:50	16	0:03:43	1:38:14	1:38:58	1:43:50	5:01:01	32	6:02:34	24	0:04:11	1:06:35	1:16:58	1:29:48	3:53:21	54	10:00:04
37	62	Kim GreiserH21	DEN		0:18:56	0:47:44	1:06:39	62	0:05:03	1:39:43	1:35:41	1:39:37	4:55:00	22	6:06:41	34	0:03:27	1:05:41	1:15:46	1:29:04	3:50:29	50	10:00:36
38	78	Lars KarmelH21	NED		0:16:46	0:44:53	1:01:38	35	0:03:03	1:42:47	1:40:45	1:45:28	5:08:59	48	6:13:40	40	0:04:24	1:07:16	1:14:10	1:21:10	3:42:34	40	10:00:38
39	70	Stephan HeH21	DUI		0:16:56	0:51:40	1:08:35	71	0:04:53	1:40:31	1:41:01	1:44:09	5:05:39	40	6:19:06	48	0:03:13	1:06:41	1:12:06	1:21:41	3:40:28	39	10:02:46
40	80	Søren KongH21	DEN		0:20:02	0:53:42	1:13:43	95	0:02:58	1:37:17	1:38:49	1:41:50	4:57:55	29	6:14:35	42	0:05:24	1:08:13	1:14:22	1:22:46	3:45:20	46	10:05:18
41	134	Mike van deH21	NED		0:17:14	0:45:44	1:02:58	43	0:04:01	1:45:56	1:45:31	1:47:19	5:18:45	57	6:25:42	54	0:02:59	1:07:48	1:11:30	1:18:17	3:37:34	35	10:06:14
42	113	André SchaH21	NED		0:20:11	0:53:59	1:14:09	99	0:04:02	1:39:03	1:42:06	1:47:12	5:08:20	47	6:26:29	56	0:04:41	1:06:56	1:12:19	1:19:13	3:38:28	36	10:09:37
43	38	Ruben CrusH21	NED		0:20:48	0:52:12	1:13:00	92	0:03:14	1:41:40	1:43:49	1:53:27	5:18:55	58	6:35:08	68	0:03:28	1:07:20	1:13:08	1:12:05	3:32:32	30	10:11:07
44	87	Gert MergaH21	BEL		0:20:04	0:50:53	1:10:56	82	0:04:46	1:41:52	1:41:54	1:47:13	5:10:58	50	6:26:40	57	0:05:18	1:09:22	1:17:04	1:20:41	3:47:06	48	10:19:03
45	147	Sebastian H21	BEL		0:16:04	0:43:08	0:59:11	29	0:03:21	1:41:57	1:45:36	1:53:44	5:21:16	61	6:23:47	51	0:03:29	1:06:16	1:17:09	1:28:28	3:51:52	53	10:19:07
46	148	Kevin VervcH21	BEL		0:17:47	0:44:47	1:02:34	40	0:03:56	1:41:00	1:40:27	1:45:09	5:06:35	44	6:13:04	39	0:04:02	1:10:07	1:18:35	1:34:50	4:03:31	66	10:20:35
47	158	Thijs KoelerH21	NED		0:16:55	0:45:32	1:02:27	38	0:03:32	1:32:50	1:35:25	1:49:03	4:57:17	25	6:03:15	27	0:03:56	1:10:04	1:21:34	1:42:26	4:14:02	74	10:21:12
48	42	Stéphane DH21	FRA		0:15:49	0:42:39	0:58:28	19	0:03:10	1:43:25	1:44:36	1:52:46	5:20:46	59	6:22:23	50	0:03:47	1:05:57	1:22:59	1:26:44	3:55:39	58	10:21:48
49	125	Carsten SloH21	DEN		0:18:23	0:47:59	1:06:22	57	0:04:03														

62	126	Lasse Steng	H21	DEN	0:23:03	1:05:28	1:28:31	124	0:05:28	1:43:22	1:47:07	1:50:33	5:21:01	60	6:54:59	84	0:04:49	1:10:06	1:16:28	1:17:16	3:43:49	42	10:43:36
63	58	Bart Geysen	H21	BEL	0:14:47	0:38:18	0:53:05	7	0:03:13	1:47:20	1:46:39	1:56:30	5:30:28	75	6:26:45	58	0:04:44	1:12:11	1:28:31	1:34:15	4:14:56	75	10:46:23
64	40	Kevin de Gr	H21	BEL	0:19:59	0:51:30	1:11:29	68	0:04:42	1:50:17	1:55:06	1:57:39	5:43:00	94	6:59:11	88	0:03:36	1:06:10	1:13:37	1:24:40	3:44:26	44	10:47:11
65	116	Olivier Sche	H21	BEL	0:18:56	0:49:01	1:07:57	69	0:05:41	1:47:12	1:50:14	1:55:51	5:33:16	85	6:46:52	75	0:04:36	1:09:24	1:18:53	1:29:04	3:57:21	60	10:48:48
66	137	Patrick van	H21	NED	0:21:14	0:54:39	1:15:53	107	0:03:48	1:41:39	1:44:16	1:49:16	5:15:11	54	6:34:50	66	0:05:26	1:18:00	1:26:19	1:29:39	4:13:57	73	10:54:12
67	151	Luke Walsh	H21	GB	0:22:33	0:57:31	1:20:04	112	0:03:26	1:54:39	1:56:31	1:57:42	5:48:51	100	7:12:20	104	0:03:45	1:01:44	1:13:54	1:24:23	3:40:01	38	10:56:05
68	105	Harm Peter	H21	NED	0:20:25	0:52:33	1:12:57	91	0:06:46	1:47:25	1:50:57	1:54:34	5:32:56	84	6:52:39	82	0:04:35	1:14:48	1:22:51	1:22:00	3:59:38	63	10:56:51
69	127	Thomas Ste	H21	BEL	0:18:27	0:47:44	1:06:11	56	0:04:26	1:47:50	1:49:53	1:55:43	5:33:26	86	6:44:01	72	0:03:44	1:16:16	1:26:21	1:27:00	4:09:37	72	10:57:21
70	163	Gerrit de Br	H21	BEL	0:18:26	0:45:47	1:04:13	46	0:03:50	1:44:43	1:46:38	1:50:38	5:21:59	64	6:30:01	61	0:04:46	1:21:10	1:28:02	1:34:49	4:24:00	87	10:58:45
71	53	Martijn Eug	H21	NED	0:18:27	0:47:19	1:05:46	55	0:06:03	1:47:08	1:48:01	1:50:02	5:25:10	68	6:36:59	69	0:03:50	1:18:47	1:24:58	1:38:51	4:22:35	85	11:03:23
72	93	Tom Niekar	H21	NED	0:21:33	0:59:12	1:20:44	117	0:11:18	1:44:45	1:46:47	1:57:39	5:29:10	72	7:01:11	91	0:09:12	1:13:38	1:22:07	1:18:33	3:54:17	55	11:04:39
73	55	Shane Fern	H21	GB	0:20:29	0:53:49	1:14:18	103	0:06:15	1:52:11	1:48:37	1:54:53	5:35:40	88	6:56:12	85	0:06:37	1:09:20	1:21:29	1:33:05	4:03:52	68	11:06:41
74	51	Matthias Ec	H21	DUI	0:17:48	0:47:49	1:05:36	53	0:05:16	1:53:24	1:54:52	1:58:03	5:46:18	98	6:57:09	86	0:03:26	1:14:55	1:25:02	1:28:19	4:08:14	71	11:08:49
75	71	Jan Heylen	H21	BEL	0:20:18	0:58:22	1:18:39	109	0:06:55	1:37:31	1:39:13	1:46:47	5:03:31	37	6:29:04	60	0:06:35	1:28:06	1:38:12	1:32:15	4:38:32	94	11:14:11
76	44	Frédéric De	H21	BEL	0:19:16	0:48:23	1:07:39	67	0:04:17	1:42:51	1:41:21	1:49:34	5:13:45	53	6:25:40	53	0:05:50	1:18:26	1:40:26	1:44:19	4:43:10	98	11:14:38
77	39	Filip Daniel	H21	BEL	0:17:07	0:43:26	1:00:32	32	0:09:16	1:53:51	1:57:25	2:01:09	5:52:24	106	7:02:11	92	0:09:46	1:14:20	1:18:19	1:30:52	4:03:29	65	11:15:26
78	130	Allan Torne	H21	DEN	0:23:58	1:02:43	1:26:41	123	0:06:31	1:47:37	1:47:26	1:57:06	5:32:08	82	7:05:19	96	0:05:08	1:17:21	1:23:22	1:27:29	4:08:11	70	11:18:37
79	49	Daf Dubbel	H21	NED	0:23:26	1:08:37	1:32:02	129	0:06:20	1:49:59	1:53:40	1:57:22	5:41:00	91	7:19:22	107	0:04:40	1:14:23	1:22:22	1:21:35	3:58:19	62	11:22:21
80	81	Thomas Blo	H21	DEN	0:19:51	0:53:55	1:13:46	66	0:08:07	1:47:23	1:49:17	1:55:06	5:31:45	81	6:53:37	83	0:06:23	1:20:35	1:34:51	1:27:05	4:22:31	84	11:22:30
81	144	Dieter Vann	H21	BEL	0:18:03	0:49:08	1:07:11	96	0:05:51	1:51:52	1:51:16	1:51:20	5:34:27	87	6:47:27	78	0:04:35	1:17:50	1:32:30	1:40:58	4:31:17	91	11:23:19
82	90	Robin Moer	H21	BEL	0:20:11	0:53:51	1:14:02	97	0:04:58	1:54:57	1:58:25	2:02:15	5:55:37	109	7:14:36	105	0:05:38	1:10:17	1:21:56	1:31:33	4:03:45	67	11:23:58
83	101	Erik Pansier	H21	NED	0:20:09	0:51:52	1:12:00	89	0:04:56	1:50:58	1:53:51	2:03:32	5:48:19	99	7:05:15	95	0:03:16	1:16:28	1:31:56	1:28:21	4:16:43	77	11:25:13
84	106	Thomas Rac	H21	DEN	0:22:43	0:57:11	1:19:53	110	0:08:26	1:57:25	1:56:51	2:00:51	5:55:05	108	7:23:23	110	0:03:41	1:12:28	1:20:03	1:25:45	3:58:15	61	11:25:18
85	43	Bart Demet	H21	BEL	0:20:12	0:55:13	1:15:25	106	0:04:14	1:47:57	1:52:00	1:59:28	5:39:24	90	6:59:02	87	0:04:48	1:16:52	1:25:37	1:40:12	4:22:40	86	11:26:29
86	63	Marc Griff	H21	FRA	0:19:15	0:51:27	1:10:42	79	0:05:24	1:49:10	1:49:53	1:52:17	5:31:20	80	6:47:25	77	0:06:42	1:19:28	1:31:23	1:43:31	4:34:22	92	11:28:29
87	91	Rüdiger MÜ	H21	DUI	0:22:41	0:59:00	1:21:41	119	0:04:30	1:54:13	1:53:10	1:56:36	5:43:57	95	7:10:07	100	0:05:19	1:14:43	1:29:21	1:36:05	4:20:08	80	11:35:33
88	121	Capy Sébas	H21	FRA	0:20:14	0:51:11	1:11:24	87	0:05:03	1:53:08	1:55:02	2:01:27	5:49:36	102	7:06:03	97	0:05:48	1:20:50	1:29:05	1:35:47	4:25:41	89	11:37:31
89	150	Alexander V	H21	NED	0:20:07	0:50:36	1:10:43	80	0:06:53	1:46:56	1:48:33	1:55:14	5:30:43	77	6:48:18	79	0:05:32	1:27:33	1:35:30	1:46:37	4:49:38	101	11:43:26
90	88	Laurens Mi	H21	NED	0:25:38	1:11:13	1:36:50	132	0:07:46	1:57:11	1:58:28	2:02:49	5:58:27	111	7:43:03	122	0:05:59	1:13:18	1:23:26	1:18:52	3:55:36	57	11:44:37
91	99	Eduard Opi	H21	TSJ	0:20:47	0:53:43	1:14:29	104	0:06:37	1:56:48	1:58:57	2:03:22	5:59:06	113	7:20:12	108	0:04:54	1:16:38	1:34:14	1:30:39	4:21:30	82	11:46:35
92	103	Carl Parker	H21	GB	0:22:36	0:57:42	1:20:17	114	0:03:56	1:54:43	1:57:49	2:07:05	5:59:36	115	7:23:47	111	0:05:01	1:20:21	1:30:47	1:29:28	4:20:35	81	11:49:22
93	56	Jan Feyaert	H21	BEL	0:20:50	0:59:44	1:20:34	115	0:07:11	1:49:40	1:52:53	1:56:01	5:38:33	89	7:06:17	98	0:05:47	1:19:28	1:28:13	1:57:06	4:44:46	99	11:56:50
94	77	Wibbo Hun	H21	NED	0:18:15	0:47:05	1:05:19	51	0:05:43	1:49:44	1:52:14	1:59:16	5:41:13	92	6:52:15	81	0:05:49	1:26:45	1:39:13	1:53:09	4:59:06	106	11:57:09
95	28	Alibert Bok	H21	NED	0:19:34	0:51:34	1:11:08	84	0:08:49	1:50:46	1:55:39	2:05:22	5:51:46	105	7:11:41	102	0:07:53	1:21:25	1:34:42	1:43:29	4:39:35	96	11:59:08
96	94	Henrik Niel	H21	DEN	0:18:25	0:49:20	1:07:44	68	0:04:01	1:52:32	1:56:49	2:02:24	5:51:45	104	7:03:29	94	0:06:35	1:24:26	1:53:12	1:42:11	4:59:49	107	12:09:51
97	141	Paul van de	H21	NED	0:23:43	1:06:07	1:29:49	125	0:07:48	1:57:17	1:58:53	2:02:39	5:58:48	112	7:36:24	120	0:09:17	1:23:12	1:28:50	1:33:39	4:25:40	88	12:11:20
98	164	Peter Ziekn	H21	NED	0:20:08	0:51:11	1:11:18	86	0:06:17	1:59:17	2:02:58	2:12:28	6:14:42	120	7:32:16	118	0:05:05	1:21:46	1:37:39	1:37:11	4:36:35	93	12:13:55
99	21	Joeri Abels	H21	BEL	0:22:10	1:00:18	1:22:28	121	0:07:07	1:48:03	1:44:29	1:58:47	5:31:18	79	7:00:52	90	0:05:02	1:29:10	1:42:50	1:57:40	5:09:39	110	12:15:32
100	156	Patrice Sim	H21	FRA	0:20:06	0:54:01	1:14:07	98	0:08:33	1:54:17	1:55:05	1:59:35	5:48:56	101	7:11:34	101	0:03:56	1:17:59	1:50:57	1:51:27	5:00:23	108	12:15:52
101	24	Werner Bee	H21	NED	0:23:23	1:10:07	1:33:29	130	0:08:28	1:44:19	1:47:39	1:58:09	5:30:06	74	7:12:02	103	0:07:34	1:18:16	1:38:35	2:00:03	4:56:53	105	12:16:28
102	85	Stuart Lodg	H21	GB	0:19:02	0:46:07	1:05:08	48	0:06:59	2:03:56	2:03:11	2:10:26	6:17:32	125	7:29:38	115	0:05:37	1:22:26	1:40:44	1:44:20	4:47:30	100	12:22:44
103	165	Arne Otters	H21	NOR	0:21:02	0:55:37	1:16:39	108	0:10:48	1:54:18	2:02:14	2:02:55	5:59:27	114	7:26:53	114	0:09:28	1:31:09	1:43:19	1:35:22	4:49:49	103	12:26:10
104	146	Sjouke Veni	H21	NED	0:19:53	0:51:24	1:11:16	85	0:06:17	1:49:26	1:56:01	2:00:04	5:45:30	96	7:03:02	93	0:05:33	1:30:41	1:49:09	1:59:08	5:18:58	115	12:27:32
105	50	Ludovic Duj	H21	FRA	0:21:58	0:58:05	1:20:03	111	0:15:28	1:57:16	1:59:54	2:17:27	6:14:37	119	7:50:06	125	0:07:43	1:17:00	1:30:01	1:43:45	4:30:45	90	12:28:32
106	73	Rob Hof	H21	NED	0:19:49	0:50:45	1:10:33	78	0:08:36	1:59:29	2:02:59	2:10:00	6:12:28	118	7:31:36	117	0:07:24	1:24:57	1:36:49	1:48:03	4:49:48	102	12:28:47
107	136	Marc van d	H21	NED	0:23:43	1:07:21	1:31:03	128	0:11:15	2:06:21	2:05:17	2:11:30	6:23:07	129	8:05:25	129	0:08:20	1:17:38	1:27:54	1:36:58	4:22:29	83	12:36:12
108	149	Bart Vlaemi	H21	BEL	0:19:30	0:54:06	1:13:35	94	0:09:56	1:57:42	2:00:31	2:03:55	6:02:07	116	7:25:36	113	0:08:26	1:31:32	1:42:02	1:57:56	5:11:28	112	12:45:30
109	61	Bert Gossey	H21	BEL	0:20:55	0:54:08	1:15:02	105	0:10:49	2:10:46	2:07:05	2:16:52	6:34:43	131	8:00:33	126	0:07:04	1:26:04	1:35:31	1:37:35	4:39:10	95	12:46:46
110	74	Roland Holl	H21	NED	0:25:52	1:08:17	1:34:09	131	0:18:08	2:03:17	2:04:01	2:13:50	6:21:07	127	8:03:23	127	0:08:04	1:25:40	1:34:03	1:40:42	4:40:25	97	12:51:50
111	138	Edwin van	H2																				

128	152 Mark Warn H21	GB	0:23:50	1:07:05	1:30:54	127	0:08:37	2:08:11	2:07:06	2:12:34	6:27:51	130	8:07:21	130	0:07:55	1:41:29	0
129	68 Maurits HeiH21	NED	0:18:02	0:47:16	1:05:18	50	0:03:53	1:42:08	1:44:29	1:54:54	5:21:30	62	6:30:39	62	0:03:18		0
130	107 Marc RennH21	DUI	0:17:42	0:47:28	1:05:10	49	0:05:35	1:49:08	1:54:11	2:06:18	5:49:36	103	7:00:20	89	0:06:04		0
131	98 Lyoen OliviuH21	FRA	0:15:10	0:39:53	0:55:02	10	0:02:45	1:37:26	1:39:52	2:11:20	5:28:37	70	6:26:23	55			0
132	33 Johan BuysH21	BEL	0:22:22	1:00:14	1:22:36	122	0:08:49	1:53:44	2:10:20	0:53:15	4:57:19	26	6:28:43	59			0
133	67 Dennis Hee H21	NED	0:22:01	0:58:12	1:20:13	113	0:03:34	1:43:43	2:18:53			0		0			0
134	133 Bram van d H21	NED	0:16:51	0:45:35	1:02:25	37	0:02:59	1:33:44				0		0			0
135	128 Menno ter H21	NED	0:16:56	0:45:29	1:02:24	36	0:05:22	1:47:51				0		0			0

#### Mannen 40-44

Pits	RaceNr	Naam	Cat	Nat	Swim1	Swim2	Swim	#S	T1	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	T2	Run1	Run2	Run3	Run	#R	Total	
1	1	Gerrit SchelH40	BEL		0:15:03	0:39:46	0:54:48	3	0:02:35	1:30:58	1:31:31	1:33:43	4:36:12	2	5:33:34		1	0:02:31	0:50:29	0:55:42	1:00:35	2:46:46	1	8:22:49
2	399	Michael KriH40	DAN		0:16:56	0:42:15	0:59:10	7	0:03:29	1:28:43	1:28:43	1:34:19	4:31:45	1	5:34:23		2	0:03:06	0:57:42	1:01:56	1:07:23	3:07:00	2	8:44:27
3	229	Joern MadsH40	DEN		0:18:00	0:47:38	1:05:37	19	0:03:18	1:37:31	1:39:25	1:41:45	4:58:40	5	6:07:35		5	0:03:18	0:59:35	1:05:35	1:07:00	3:12:10	3	9:23:02
4	7	Frans van HH40	NED		0:15:13	0:39:50	0:55:03	4	0:02:33	1:34:05	1:34:05	1:37:03	4:45:13	3	5:42:47		3	0:04:04	1:00:22	1:09:51	1:31:38	3:41:50	10	9:28:40
5	189	Tonny Blom H40	NED		0:15:01	0:37:58	0:52:58	1	0:03:12	1:43:47	1:46:10	1:48:54	5:18:50	16	6:14:59		8	0:03:27	1:02:08	1:07:25	1:14:14	3:23:46	4	9:42:11
6	224	Hans LampH40	NED		0:19:08	0:53:35	1:12:43	37	0:03:18	1:38:45	1:39:53	1:42:17	5:00:54	6	6:16:53		9	0:03:53	1:04:01	1:11:23	1:15:34	3:30:58	5	9:51:43
7	192	Jos BroerenH40	NED		0:17:15	0:45:55	1:03:10	12	0:04:54	1:39:22	1:40:46	1:49:17	5:09:24	9	6:17:27		10	0:06:27	1:07:23	1:13:18	1:18:43	3:39:23	7	10:03:16
8	261	Hans DieterH40	DUI		0:17:03	0:43:49	1:00:51	8	0:04:43	1:44:39	1:46:09	1:48:10	5:18:57	17	6:24:31		15	0:04:22	1:08:26	1:12:42	1:18:32	3:39:40	8	10:08:32
9	193	Dick CrispvH40	BEL		0:18:18	0:49:12	1:07:29	23	0:03:52	1:36:59	1:37:34	1:41:17	4:55:49	4	6:07:09		4	0:04:47	1:11:09	1:20:23	1:30:01	4:01:32	18	10:13:27
10	219	Geert KerksH40	BEL		0:17:38	0:45:07	1:02:45	10	0:04:30	1:44:47	1:46:37	1:50:10	5:21:33	21	6:28:46		18	0:03:09	1:13:04	1:15:23	1:20:59	3:49:25	13	10:21:20
11	185	Jens Albrec H40	DUI		0:19:14	0:48:20	1:07:34	25	0:03:45	1:39:27	1:42:16	1:44:46	5:06:28	8	6:17:46		11	0:04:26	1:11:38	1:18:21	1:31:32	4:01:29	17	10:23:40
12	238	Marcel Ren H40	NED		0:19:27	0:52:06	1:11:33	32	0:04:00	1:43:45	1:43:07	1:45:16	5:12:07	11	6:27:39		16	0:02:58	1:10:35	1:21:10	1:24:32	3:56:16	14	10:26:52
13	257	Johan Van SH40	BEL		0:18:23	0:48:02	1:06:25	21	0:06:15	1:44:03	1:45:20	1:51:23	5:20:44	20	6:33:23		21	0:06:10	1:11:44	1:15:59	1:20:46	3:48:28	12	10:28:00
14	203	Geert Fleur H40	NED		0:17:19	0:45:28	1:02:47	11	0:03:35	1:44:27	1:44:47	1:47:07	5:16:19	14	6:22:40		13	0:03:09	1:14:52	1:23:38	1:27:20	4:05:49	19	10:31:38
15	235	Johan PauwH40	BEL		0:17:32	0:47:22	1:04:53	16	0:03:58	1:38:31	1:40:17	1:46:22	5:05:09	7	6:14:00		7	0:04:40	1:23:21	1:24:11	1:26:05	4:13:36	28	10:32:15
16	255	Marco van IH40	NED		0:21:26	0:59:32	1:20:57	55	0:07:36	1:47:37	1:49:11	1:52:00	5:28:46	26	6:57:19		34	0:04:57	1:05:23	1:12:10	1:14:47	3:32:19	6	10:34:34
17	222	Maarten Kr H40	NED		0:18:55	0:49:23	1:08:18	27	0:05:22	1:50:04	1:51:36	1:55:50	5:37:29	37	6:51:07		29	0:04:14	1:04:52	1:12:05	1:24:16	3:41:13	9	10:36:33
18	190	Cor BoermH40	NED		0:17:17	0:46:23	1:03:39	14	0:04:36	1:42:48	1:44:25	1:48:57	5:16:09	13	6:24:23		14	0:04:19	1:14:07	1:21:46	1:34:10	4:10:02	24	10:38:43
19	194	Dirk De Bal H40	BEL		0:19:58	0:51:18	1:11:15	31	0:04:07	1:41:00	1:42:44	1:48:37	5:12:21	12	6:27:42		17	0:04:58	1:19:07	1:24:04	1:23:09	4:06:20	21	10:38:59
20	210	Pieter HeggH40	NED		0:21:39	0:55:31	1:17:09	47	0:04:51	1:47:20	1:49:39	1:53:20	5:30:18	28	6:52:18		31	0:03:20	1:04:34	1:17:15	1:22:26	3:44:14	11	10:39:52
21	191	René BoschH40	NED		0:16:15	0:42:38	0:58:52	6	0:03:14	1:48:34	1:50:05	1:56:16	5:34:54	33	6:37:00		22	0:05:41	1:14:51	1:22:01	1:29:38	4:06:30	22	10:49:10
22	228	Mark LodvH40	NED		0:19:00	0:48:31	1:07:30	24	0:05:05	1:44:57	1:48:50	1:52:12	5:25:58	25	6:38:33		24	0:07:42	1:12:54	1:28:40	1:30:32	4:12:05	26	10:58:18
23	240	Peter ScheeH40	DUI		0:18:29	0:49:33	1:08:01	26	0:07:22	1:48:22	1:51:44	1:54:10	5:34:15	30	6:49:38		26	0:04:37	1:18:11	1:23:28	1:24:37	4:06:15	20	11:00:29
24	233	Tom Otte H40	NED		0:21:56	1:03:37	1:25:32	66	0:05:26	1:46:12	1:48:58	1:56:28	5:31:36	29	7:02:34		37	0:04:58	1:15:42	1:19:59	1:21:17	3:56:57	15	11:04:29
25	220	Ralf KleemaH40	DUI		0:19:05	0:50:37	1:09:42	29	0:05:20	1:51:16	1:55:43	1:54:15	5:41:12	41	6:56:13		33	0:07:17	1:20:12	1:23:22	1:26:43	4:10:17	25	11:13:46
26	258	Ton van VliH40	NED		0:18:58	0:49:28	1:08:26	28	0:03:56	1:45:11	1:43:41	1:50:50	5:19:41	18	6:32:03		20	0:04:56	1:21:46	1:37:28	1:48:43	4:47:55	45	11:24:53
27	197	Kurt Demet H40	BEL		0:23:01	0:59:47	1:22:48	60	0:06:51	1:49:03	1:53:03	1:54:58	5:37:03	36	7:06:41		40	0:05:22	1:20:07	1:18:55	1:34:00	4:13:02	47	11:25:04
28	264	Paul Dalimi H40	BEL		0:19:24	0:52:21	1:11:44	34	0:06:53	1:54:53	1:53:36	1:57:27	5:45:55	43	7:04:31		38	0:07:16	1:13:24	1:26:38	1:36:52	4:16:53	30	11:28:39
29	249	Frank UrrezH40	FRA		0:21:21	0:58:33	1:19:53	53	0:07:36	1:57:44	1:56:00	2:02:32	5:56:14	50	7:23:42		49	0:06:37	1:20:21	1:22:03	1:26:55	4:09:18	23	11:39:36
30	212	Simon HickyH40	GB		0:18:31	0:46:38	1:05:08	17	0:04:47	1:47:05	1:51:39	2:02:03	5:40:46	40	6:50:40		28	0:04:56	1:28:58	1:32:36	1:43:04	4:44:37	42	11:40:12
31	211	Dirk Hendri H40	BEL		0:15:06	0:39:16	0:54:21	2	0:04:35	1:45:45	1:44:53	1:51:24	5:22:02	22	6:20:58		12	0:07:05	1:16:29	1:47:06	2:10:49	5:14:24	57	11:42:26
32	248	Arjen Teijn H40	NED		0:16:54	0:44:12	1:01:05	9	0:04:57	1:45:28	1:45:53	1:53:52	5:25:12	23	6:31:13		19	0:06:40	1:16:56	1:40:56	2:06:46	5:04:36	51	11:42:28
33	254	Frank van EH40	NED		0:22:59	1:04:51	1:27:49	71	0:07:57	1:58:15	1:59:55	2:03:58	6:02:08	54	7:37:52		58	0:05:08	1:12:06	1:17:59	1:30:09	4:00:13	16	11:43:12
34	234	Wojciech P.H40	POL		0:23:20	1:05:20	1:28:39	72	0:08:05	1:47:32	1:48:27	1:58:44	5:34:41	31	7:11:24		42	0:07:15	1:19:35	1:27:45	1:37:24	4:24:43	32	11:43:21
35	246	Dieter StapH40	DUI		0:19:49	0:52:16	1:12:05	36	0:04:17	1:45:54	1:52:37	1:56:34	5:35:04	34	6:51:24		30	0:03:58	1:17:31	1:41:05	1:51:43	4:50:18	46	11:45:39
36	232	Donny op d H40	BEL		0:19:52	0:50:19	1:10:10	30	0:08:21	1:52:11	1:54:00	2:06:39	5:52:49	48	7:11:19		41	0:07:00	1:18:22	1:33:50	1:38:40	4:30:50	34	11:49:08
37	253	Lammert vzH40	NED		0:21:22	0:55:34	1:16:55	46	0:06:14	1:49:33	1:49:37	1:57:24	5:36:32	35	6:59:41		36	0:06:42	1:21:30	1:41:58	1:41:08	4:44:35	41	11:50:57
38	266	Bendt AndeH40	DEN		0:28:33	1:15:40	1:44:13	81	0:07:22	1:48:27	1:52:35	1:58:50	5:39:51	39	7:31:25		53	0:06:45	1:24:24	1:31:13	1:19:46	4:15:21	29	11:53:30
39	262	Michiel van H40	NED		0:20:19	0:53:09	1:13:28	39	0:04:59	1:48:37	1:56:03	2:02:07	5:46:46	44	7:05:11		39	0:05:05	1:16:17	1:37:17	1:50:21	4:43:53	40	11:54:08
40	225	Baron LioncH40	FRA		0:17:31	0:48:02	1:05:32	18	0:04:44	1:43:49	1:47:04	1:55:02	5:25:53	24	6:50:09		27	0:06:34	1:25:54	1:45:02	1:47:10	4:58:05	50	11:54:48
41	230	Tapio MalkiH40	FIN		0:24:21	1:01:29	1:25:50	68	0:05:40	1:51:41	2:03:30	2:03:46	5:58:57	52	7:30:26		52	0:05:20	1:23:48	1:24:11	1:31:32	4:19:29	31	11:55:14
42	207	Arjan GriffitH40	NED		0:23:04	1:03:50	1:26:53	69	0:05:34	1:55:48	1:58:00	2:01:13	5:55:00	49	7:27:26		51	0:03:38	1:23:34	1:32:12	1:32:57	4:28:42	33	11:59:45
43	239	Hans Rijper H40	NED		0:23:06	0:57:48	1:20:53	54	0:09:51	1:50:48	1:51:06													

56	218	Martin Kam	H40	NED	0:25:28	1:05:36	1:31:03	75	0:08:24	1:56:07	1:59:36	2:03:44	5:59:25	53	7:38:52	60	0:14:44	1:32:09	1:42:07	1:43:09	4:57:24	49	12:50:58
57	204	Hans Geert	H40	NED	0:20:13	0:53:41	1:13:54	40	0:04:35	1:54:14	2:04:09	2:06:48	6:05:11	57	7:23:39	48	0:04:51	1:30:15	2:09:18	1:46:52	5:26:24	59	12:54:53
58	196	Jan de Wolt	H40	NED	0:20:54	0:57:19	1:18:13	48	0:08:54	2:01:52	2:03:13	2:12:41	6:17:45	65	7:44:51	64	0:07:51	1:25:04	1:48:04	1:52:01	5:05:08	52	12:57:49
59	221	Paul Klinker	H40	NED	0:20:01	0:54:38	1:14:38	43	0:09:32	1:55:21	1:59:58	2:18:31	6:13:49	62	7:37:58	59	0:09:03	1:21:01	1:48:24	2:02:13	5:11:37	55	12:58:36
60	241	Carl Schiess	H40	GB	0:20:21	0:54:03	1:14:24	42	0:05:45	1:59:41	2:05:10	2:08:26	6:13:16	60	7:33:24	55	0:04:55	1:37:43	1:56:34	2:00:24	5:34:39	62	13:12:57
61	188	Christophe	H40	FRA	0:22:44	1:01:45	1:24:28	63	0:07:46	1:55:17	2:03:21	2:10:58	6:09:35	58	7:41:48	62	0:08:07	1:32:45	2:00:40	2:03:19	5:36:43	63	13:26:38
62	187	Jack Berber	H40	BEL	0:22:16	0:57:22	1:19:38	50	0:06:45	2:17:37	2:16:23	2:15:29	6:49:28	72	8:15:50	70	0:05:24	1:26:23	1:45:51	2:01:50	5:14:04	56	13:35:16
63	227	Trung Liveh	H40	VS	0:23:18	1:09:49	1:33:07	76	0:06:19	2:01:19	2:05:32	2:07:14	6:14:04	63	7:53:28	65	0:05:24	1:42:28	1:57:13	1:59:08	5:38:48	64	13:37:39
64	231	Roy Noonai	H40	IER	0:24:26	1:04:44	1:29:09	74	0:05:52	2:04:21	2:15:12	2:22:09	6:41:41	71	8:16:42	71	0:05:36	1:37:16	2:02:19	1:49:25	5:29:00	60	13:51:17
65	184	Marco Aiolfi	H40	ITA	0:26:50	1:14:37	1:41:26	79	0:07:48	2:04:09	2:14:44	2:22:27	6:41:19	70	8:30:32	72	0:06:41	1:31:59	2:12:43	1:57:24	5:42:04	65	14:19:16
66	209	Roy Hall	H40	DUI	0:20:15	0:53:03	1:13:18	38	0:05:41	1:53:01	1:54:29	2:05:04	5:52:32	46	7:11:29	43	0:05:50	1:30:54				0	
67	243	Mark Schoc	H40	NED	0:27:08	1:12:04	1:39:12	78	0:04:48	1:43:23	1:56:27	1:59:39	5:39:29	38	7:23:27	46	0:04:17	1:35:34				0	
68	242	Martin Schi	H40	DUI	0:22:27	1:00:18	1:22:44	59	0:09:28	1:58:55	2:04:50	2:19:21	6:23:06	66	7:55:17	66	0:06:49	1:42:26				0	
69	245	Phillippe Sta	H40	BEL	0:23:50	1:05:07	1:28:57	73	0:08:47	2:06:14	2:10:05	2:15:18	6:31:36	68	8:09:19	69	0:15:13	1:58:20				0	
70	182	Stephan Ad	H40	BEL	0:16:39	0:41:42	0:58:21	5	0:03:36	1:40:01	1:42:30	1:49:03	5:11:34	10	6:13:31	6	0:03:51					0	
71	247	Thomas Szy	H40	DUI	0:22:46	0:58:29	1:21:15	56	0:06:36	1:59:56	2:02:51	2:11:25	6:14:10	64	7:42:00	63	0:06:12					0	
72	186	Erik Bal	H40	NED	0:22:35	1:02:25	1:24:59	65	0:07:45	1:47:44	1:49:26	1:43:34	5:20:43	19	6:53:26	32						0	
73	252	Marcel van	H40	NED	0:17:44	0:48:10	1:05:53	20	0:03:54	1:37:30	1:41:08			0		0						0	
74	263	Sven-Martin	H40	DUI	0:18:57	0:47:58	1:06:54	22	0:03:39	1:37:43	1:42:39			0		0						0	
75	195	Dirk De roo	H40	BEL	0:21:16	0:54:16	1:15:32	45	0:05:54	1:40:23	1:42:31			0		0						0	
76	216	Håkan John	H40	ZWE	0:19:37	0:52:02	1:11:39	33	0:08:38	1:41:30	1:46:56			0		0						0	
77	200	Thorsten Di	H40	DUI	0:22:30	1:04:25	1:26:55	70	0:05:25	1:45:02	1:48:50			0		0						0	
78	205	Gerrit Geur	H40	NED	0:24:48	1:08:23	1:33:11	77	0:04:28	1:52:02	2:03:43			0		0						0	
79	214	Rikkert Iwe	H40	NED	0:26:10	1:17:37	1:43:47	80	0:07:01	2:37:44	2:17:36			0		0						0	
80	237	Michael Rai	H40	DUI	0:17:27	0:45:50	1:03:17	13	0:04:51	1:50:16				0		0						0	
81	250	Serge van	H40	BEL	0:22:55	0:58:25	1:21:19	57	0:04:48	1:45:09				0		0						0	
82	223	Laurent Lac	H40	FRA	0:22:59			0						0		0						0	

#### Mannen 45-49

Pits	RaceNr	Naam	Cat	Nat	Swim1	Swim2	Swim	#S	T1	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	T2	Run1	Run2	Run3	Run	#R	Total
1	3	Dirk Van Gc	H45	BEL	0:14:47	0:38:05	0:52:51	1	0:02:41	1:29:06	1:32:12	1:35:20	4:36:38	1	5:32:09	1	0:02:31	0:55:49	0:58:43	1:01:24	2:55:55	1	8:30:35
2	290	Bart Klein	H45	NED	0:20:58	1:02:16	1:23:13	37	0:08:14	1:38:39	1:38:13	1:43:32	5:00:23	2	6:31:49	3	0:05:31	1:07:09	1:14:21	1:20:03	3:41:31	5	10:18:50
3	294	Lars Møller	H45	DEN	0:18:55	0:52:02	1:10:56	11	0:05:21	1:47:54	1:53:22	1:58:27	5:39:41	18	6:55:57	16	0:03:48	1:03:56	1:08:24	1:11:18	3:23:36	2	10:23:20
4	287	Kaj Järvelläi	H45	FIN	0:19:43	0:51:39	1:11:21	14	0:04:03	1:42:02	1:42:40	1:50:11	5:14:52	4	6:30:15	2	0:05:13	1:13:15	1:18:39	1:22:33	3:54:26	9	10:29:53
5	307	Georg Schu	H45	DUI	0:19:11	0:52:03	1:11:13	13	0:06:35	1:43:26	1:45:57	1:48:55	5:18:17	6	6:36:03	5	0:07:48	1:17:32	1:18:34	1:21:30	3:57:35	11	10:41:25
6	296	Heiko Muct	H45	DUI	0:19:40	0:50:43	1:10:23	9	0:06:56	1:51:13	1:54:00	1:57:05	5:42:17	21	6:59:35	17	0:05:56	1:11:13	1:12:41	1:12:37	3:36:30	4	10:42:00
7	275	Michael Br	H45	DUI	0:23:15	1:02:13	1:25:28	39	0:04:23	1:50:18	1:51:22	1:56:51	5:38:30	16	7:08:20	23	0:05:01	1:06:39	1:08:55	1:13:44	3:29:17	3	10:42:37
8	319	Martin Wai	H45	DUI	0:18:17	0:52:47	1:11:03	12	0:05:07	1:43:46	1:45:06	1:47:08	5:15:59	5	6:32:08	4	0:03:44	1:16:11	1:21:54	1:33:22	4:11:26	14	10:47:18
9	313	Jos van Bari	H45	NED	0:22:04	1:00:18	1:22:22	34	0:08:42	1:47:55	1:46:00	1:49:36	5:23:30	7	6:54:33	14	0:03:52	1:08:45	1:19:08	1:23:58	3:51:50	8	10:50:13
10	316	Adri van Ro	H45	NED	0:18:40	0:50:06	1:08:45	6	0:04:34	1:47:19	1:51:22	1:54:47	5:33:27	13	6:46:45	9	0:06:39	1:16:41	1:19:09	1:21:19	3:57:07	10	10:50:31
11	299	Kees-Jan Ot	H45	NED	0:18:26	0:46:55	1:05:21	3	0:05:22	1:49:38	1:52:01	1:57:20	5:38:58	17	6:49:39	12	0:04:05	1:11:20	1:24:53	1:23:19	3:59:32	12	10:53:14
12	295	Marc Mond	H45	BEL	0:20:04	0:53:46	1:13:50	21	0:05:06	1:52:55	1:55:06	2:00:10	5:48:10	23	7:07:04	22	0:04:27	1:03:22	1:18:34	1:26:25	3:48:19	6	10:59:49
13	301	Van Vliet Pi	H45	BEL	0:20:28	0:52:31	1:12:59	17	0:04:51	1:47:36	1:48:41	1:52:38	5:28:54	10	6:46:43	8	0:03:57	1:14:07	1:31:26	1:27:17	4:12:50	15	11:03:29
14	292	Arthur Mek	H45	NED	0:20:52	0:54:37	1:15:28	24	0:05:22	1:54:03	1:57:15	1:59:28	5:50:44	25	7:11:34	24	0:05:42	1:15:46	1:15:23	1:17:34	3:48:43	7	11:05:58
15	288	Oke Jensen	H45	DUI	0:20:35	0:54:51	1:15:25	23	0:06:31	1:47:08	1:46:34	1:51:38	5:25:19	9	6:47:15	10	0:04:09	1:17:18	1:29:27	1:32:42	4:19:27	17	11:10:49
16	273	Mik Borster	H45	NED	0:19:46	0:51:50	1:11:36	16	0:04:19	1:47:59	1:49:11	1:54:17	5:31:26	11	6:47:20	11	0:05:04	1:17:24	1:29:04	1:36:21	4:22:48	18	11:15:11
17	281	Stefaan Eng	H45	BEL	0:21:53	1:00:46	1:22:39	35	0:08:23	1:47:51	1:49:20	1:56:26	5:33:36	14	7:04:37	21	0:05:34	1:12:58	1:24:57	1:29:37	4:07:32	13	11:17:42
18	311	Richard van	H45	NED	0:19:15	0:51:01	1:10:15	7	0:04:14	1:43:40	1:47:00	1:52:57	5:23:37	8	6:38:06	6	0:05:09	1:27:24	1:34:21	1:38:37	4:40:21	25	11:23:34
19	271	André Berg	H45	DUI	0:20:40	0:54:44	1:15:23	22	0:05:47	1:57:27	1:58:49	2:00:59	5:57:15	28	7:18:23	27	0:05:01	1:22:16	1:31:11	1:35:29	4:28:55	19	11:52:19
20	308	Ruud Swee	H45	NED	0:21:11	0:52:13	1:13:24	20	0:06:59	1:52:07	1:54:08	1:56:02	5:42:16	20	7:02:37	18	0:03:41	1:22:09	1:33:43	1:52:32	4:48:23	29	11:54:41
21	305	Oscar Schot	H45	NED	0:19:05	0:51:44	1:10:49	10	0:04:22	1:52:31	1:55:46	2:00:57	5:49:12	24	7:04:22	20	0:05:04	1:27:23	1:38:39	1:41:25	4:47:26	28	11:56:51
22	312	Guust van	H45	NED	0:18:48	0:49:50	1:08:38	5	0:08:13	1:57:57	1:59:08	2:03:31	6:00:35	29	7:17:25	26	0:07:30	1:26:12	1:29:20	1:37:24	4:32:55	21	11:57:49
23	286	Frank Hech	H45	DEN	0:19:57	0:51:29	1:11:25	15	0:08:00	1:51:16	1:51:26	2:00:52	5:43:33	22	7:02:57	19	0:10:56	1:33:41	1:37:21	1:35:22	4:46:22	27	12:00:14
24	326	Hans Lems	H45	NED	0:16:26	0:41:04	0:57:29	2	0:10:51	1:51:18	1:51:11	1:50:15	5:32:43	12	6:41:03	7	0:10:58	1:29:46	1:49:28	1:52:51	5:12:04	37	12:04:04
25	293	Tom Mol	H45	NED	0:21:35	0:55:30	1:17:05	27	0:08:32	1:53:14	1:57:51	2:05:27	5:56:31	27	7:22:07	29	0:11:44	1:25:40	1:34:14	1:32:55	4:32:48	20	12:06:38
26	297	Bonno Odiji	H45	NED	0:26:43	1:19:36	1:46:19	48	0:12:16	1:49:09	1:54:11	1:58:03	5:41:22	19	7:39:57	31	0:08:35	1					

37	302	Tonnie Raei H45	NED	0:26:28	1:14:49	1:41:17	45	0:10:15	2:03:15	2:03:28	2:10:32	6:17:14	34	8:08:44	43	0:04:56	1:28:33	1:49:06	2:02:48	5:20:27	38	13:34:05
38	322	Herman WI H45	NED	0:23:08	1:12:04	1:35:11	43	0:12:33	2:02:49	2:10:03	2:17:20	6:30:11	42	8:17:55	45	0:08:41	1:29:59	1:47:59	1:51:05	5:09:02	35	13:35:37
39	284	Leo Groene H45	NED	0:22:15	1:00:06	1:22:21	33	0:09:33	2:00:43	2:09:22	2:21:54	6:31:59	43	8:03:51	41	0:07:11	1:40:38	1:55:14	1:54:28	5:30:19	40	13:41:20
40	323	Bouke Fenn H45	NED				0		2:01:47	2:01:37	2:25:18	6:28:42	41	7:57:10	37	0:09:05	1:53:22	1:47:52	1:59:56	5:41:10	41	13:47:23
41	279	Koos de Roh H45	NED	0:23:42	1:07:08	1:30:49	40	0:10:15	2:08:22	2:12:45	2:23:59	6:45:05	46	8:26:09	46	0:10:11	1:34:54	1:45:40	1:51:00	5:11:33	36	13:47:53
42	276	Chris Buijthe H45	NED	0:23:36	1:01:16	1:24:52	38	0:11:44	1:55:48	2:09:08	2:17:12	6:22:07	37	7:58:42	38	0:09:51	1:37:38	2:07:34	2:03:32	5:48:43	45	13:57:15
43	306	Emile Schrij H45	NED	0:23:15	0:59:54	1:23:09	36	0:09:50	2:04:53	2:11:06	2:17:37	6:33:36	45	8:06:33	42	0:09:54	1:43:34	1:55:29	2:04:25	5:43:26	43	13:59:53
44	291	Rene Lange H45	NED	0:24:48	1:11:49	1:36:37	44	0:08:48	2:05:57	2:06:06	2:14:03	6:26:06	40	8:11:29	44	0:08:28	1:50:01	1:56:35	2:00:57	5:47:32	44	14:07:29
45	277	Nico de Bru H45	NED	0:21:56	0:57:47	1:19:42	30	0:06:57	2:03:50	2:05:40	2:14:45	6:24:14	39	7:50:52	35	0:06:13	2:04:46	2:11:45	2:07:54	6:24:24	47	14:21:28
46	283	Ronald Frar H45	NED	0:25:39	1:15:39	1:41:18	46	0:11:11	2:13:13	2:22:28	2:18:54	6:54:34	47	8:47:02	49	0:09:15	1:41:28	1:53:26	1:55:24	5:30:17	39	14:26:32
47	285	Wilard Harr H45	NED	0:20:46	0:56:13	1:16:58	26	0:06:31	2:12:52	2:22:20	2:35:44	7:10:55	49	8:34:23	48	0:10:02	1:51:15	1:55:38	2:08:38	5:55:29	46	14:39:53
48	309	Ivo Timmer H45	NED	0:26:37	1:18:52	1:45:29	47	0:09:06	2:15:08	2:36:02	0:09:44	5:00:54	3	6:55:27	15						0	
49	314	Peter van d H45	NED	0:22:23	0:58:37	1:21:00	31	0:09:23	2:07:47	2:12:45	2:38:19	6:58:50	48	8:29:11	47						0	

#### Mannen 50-54

Pits	RaceNr	Naam	Cat	Nat	Swim1	Swim2	Swim	#S	T1	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	T2	Run1	Run2	Run3	Run	#R	Total
1	354	Frans Seger H50	NED	0:20:30	0:53:22	1:13:52	5	0:06:01	1:50:09	1:53:37	1:59:16	5:43:00	7	7:02:52	7	0:04:33	1:15:26	1:20:26	1:20:26	3:51:27	1	10:58:51	
2	348	Geert Kruit H50	NED	0:20:51	0:57:09	1:18:00	7	0:06:31	1:48:03	1:51:09	1:56:32	5:35:43	6	7:00:13	6	0:06:31	1:16:53	1:24:20	1:30:36	4:11:48	3	11:18:32	
3	359	Nico van Di H50	NED	0:20:38	0:53:30	1:14:08	6	0:06:17	1:41:21	1:42:30	1:43:30	5:07:20	1	6:27:44	3	0:05:37	1:15:58	1:42:09	1:47:26	4:45:32	10	11:18:52	
4	364	Francois Vlc H50	BEL	0:22:33	0:57:52	1:20:25	11	0:06:01	1:41:01	1:47:48	1:51:34	5:20:22	4	6:46:48	4	0:08:24	1:25:01	1:36:24	1:43:53	4:45:17	9	11:40:28	
5	344	Bernd Eiten H50	DUI	0:21:07	1:01:40	1:22:47	16	0:06:46	1:58:27	1:58:09	2:02:36	5:59:12	12	7:28:44	11	0:05:08	1:19:25	1:21:44	1:26:55	4:08:03	2	11:41:54	
6	351	Bernd Mew H50	DUI	0:19:04	0:49:47	1:08:50	2	0:03:35	1:58:46	2:03:41	2:08:29	6:10:56	18	7:23:21	10	0:03:13	1:19:51	1:30:53	1:37:56	4:28:39	7	11:55:11	
7	345	Dean Frost H50	GB	0:24:15	1:01:00	1:25:14	17	0:07:32	1:57:09	1:58:19	2:02:33	5:58:00	10	7:30:45	13	0:07:26	1:16:08	1:30:21	1:30:51	4:17:19	4	11:55:30	
8	361	Jan van Zan H50	NED	0:20:53	0:59:08	1:20:00	9	0:05:45	1:54:59	2:00:36	2:08:31	6:04:05	13	7:29:49	12	0:03:52	1:10:48	1:38:26	1:36:21	4:25:34	5	11:59:14	
9	352	Jan Riemer H50	NED	0:20:05	0:50:36	1:10:40	3	0:07:26	1:52:31	1:57:11	2:02:15	5:51:56	9	7:10:01	8	0:08:00	1:25:09	1:42:25	1:40:56	4:48:30	12	12:06:30	
10	343	Adrianus de H50	NED	0:22:39	0:57:34	1:20:13	10	0:09:16	1:45:52	1:46:36	1:50:35	5:23:03	5	6:52:31	5	0:09:33	1:33:15	1:43:30	1:55:24	5:12:08	16	12:14:12	
11	360	Gerard van H50	NED	0:22:25	0:59:22	1:21:47	14	0:06:51	2:01:34	1:59:27	2:07:46	6:08:46	16	7:37:23	16	0:11:08	1:24:40	1:29:29	1:33:37	4:27:45	6	12:16:15	
12	346	Henk Hame H50	NED	0:22:33	0:58:18	1:20:50	12	0:05:32	1:49:17	1:57:12	1:59:06	5:45:35	8	7:11:55	9	0:05:24	1:37:25	1:46:08	1:45:13	5:08:44	14	12:26:03	
13	350	Dick van De H50	NED	0:27:04	1:15:43	1:42:47	21	0:07:25	2:00:53	2:01:30	2:06:09	6:08:31	15	7:58:43	21	0:03:54	1:21:03	1:29:32	1:41:35	4:32:09	8	12:34:45	
14	347	Johan Korvt H50	NED	0:23:44	1:01:51	1:25:35	18	0:10:35	2:00:02	2:01:43	2:07:57	6:09:41	17	7:45:50	17	0:08:36	1:20:21	1:38:40	1:49:09	4:48:10	11	12:42:35	
15	341	Hans Bosmi H50	NED	0:24:07	1:07:15	1:31:21	19	0:08:16	1:59:15	2:00:51	2:07:33	6:07:38	14	7:47:14	19	0:05:32	1:31:10	1:34:28	1:51:38	4:57:15	13	12:50:00	
16	356	Holger Stoc H50	DUI	0:21:20	0:56:58	1:18:17	8	0:06:02	1:56:45	2:03:47	2:11:26	6:11:57	19	7:36:15	15	0:05:55	1:40:03	1:51:19	1:49:12	5:20:34	18	13:02:43	
17	363	Jan Cees Vri H50	NED	0:22:11	1:00:25	1:22:36	15	0:07:00	2:03:10	2:03:44	2:09:32	6:16:26	21	7:46:00	18	0:07:42	1:42:32	1:42:53	1:43:54	5:09:18	15	13:02:59	
18	353	Ben Schell H50	NED	0:25:44	1:09:34	1:35:18	20	0:06:35	2:00:39	2:02:42	2:11:32	6:14:53	20	7:56:44	20	0:06:11	1:26:52	1:44:43	2:01:55	5:13:29	17	13:16:24	
19	349	Nico Maijer H50	NED	0:22:15	0:59:20	1:21:35	13	0:11:15	1:56:36	1:56:28	2:05:17	5:58:20	11	7:31:09	14	0:08:00	1:16:43				0		
20	362	Peter Verw H50	NED	0:18:51	0:48:54	1:07:45	1	0:04:26	1:41:51	1:42:05	1:45:19	5:09:15	3	6:21:25	1	0:04:41					0		
21	358	Norbert var H50	NED	0:20:03	0:51:05	1:11:07	4	0:06:55	1:40:36	1:42:05	1:45:42	5:08:23	2	6:26:24	2	0:03:59					0		

#### Mannen 55-59

Pits	RaceNr	Naam	Cat	Nat	Swim1	Swim2	Swim	#S	T1	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	T2	Run1	Run2	Run3	Run	#R	Total
1	386	Gerrit ten BH55	NED	0:21:12	0:58:41	1:19:52	3	0:05:34	1:44:43	1:46:55	1:50:50	5:22:27	1	6:47:52	1	0:04:33	1:10:02	1:19:16	1:30:06	3:59:22	1	10:51:47	
2	390	Jans Verm H55	NED	0:26:53	1:10:11	1:37:04	7	0:07:03	1:50:57	1:53:16	1:56:52	5:41:04	4	7:25:10	4	0:09:18	1:18:42	1:21:02	1:26:48	4:06:32	2	11:40:59	
3	381	Willy Blomr H55	BEL	0:20:42	0:53:43	1:14:24	1	0:04:53	1:49:44	1:49:54	1:59:31	5:39:08	3	6:58:24	2	0:05:05	1:23:40	1:41:16	1:35:39	4:40:34	5	11:44:02	
4	387	Per Tingsko H55	DEN	0:23:07	1:01:46	1:24:52	4	0:06:29	1:47:44	1:48:05	1:55:45	5:31:33	2	7:02:53	3	0:05:46	1:18:21	1:37:16	1:43:05	4:38:40	4	11:47:19	
5	382	Josef Derks H55	DUI	0:24:20	1:07:46	1:32:06	6	0:07:39	1:54:33	1:54:15	2:00:16	5:49:03	5	7:28:46	5	0:08:45	1:26:01	1:31:19	1:55:09	4:52:28	6	12:29:59	
6	385	Luc Tacq H55	BEL	0:23:01	1:04:31	1:27:31	5	0:09:58	2:27:15	2:14:55	2:23:32	7:05:41	7	8:43:09	7	0:10:06	1:22:29	1:40:10	1:31:16	4:33:54	3	13:27:08	
7	384	Bert Nap H55	NED	0:22:06	0:52:49	1:14:54	2	0:06:04	1:58:49	2:06:13	2:19:52	6:24:54	6	7:45:51	6	0:12:57	1:26:27	2:00:28			0		

#### Mannen 60-64

Pits	RaceNr	Naam	Cat	Nat	Swim1	Swim2	Swim	#S	T1	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	T2	Run1	Run2	Run3	Run	#R	Total
1	393	Norbert Hal H60	BEL	0:22:24	1:00:03	1:22:26	4	0:08:22	2:02:02	2:04:44	2:00:24	6:07:08	1	7:37:56	1	0:09:45	1:18:03	1:29:29	1:47:48	4:35:19	2	12:23:00	
2	396	Jans Vincen H60	NED	0:28:08	1:13:08	1:41:15	1	0:12:28	2:05:11	2:03:44	2:09:23	6:18:16	2	8:11:58	2	0:09:15	1:21:31	1:25:16	1:30:03	4:16:49	1	12:38:01	
3	394	Roelof Heys H60	NED	0:25:31	1:05:42	1:31:13	3	0:11:37	2:10:02	2:11:55	2:19:06	6:41:02	3	8:23:51	3	0:08:25	1:34:31	1:41:05	1:54:39	5:10:13	3	13:42:28	
4	395	Bruce Wilsco H60	GB	0:22:52	1:04:06	1:26:57	2	0:11:54	2:15:45	2:18:35	2:28:07	7:02:26	4	8:41:16	4	0:08:52	1:38:36	2:02:21	2:08:50	5:49:46	4	14:39:54	

#### Mannen 65-69

Pits	RaceNr	Naam	Cat	Nat	Swim1	Swim2	Swim	#S	T1	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	T2	Run1	Run2	Run3	Run	#R	Total
1	397	Henk Fiddle H65	NED	0:22:51	1:00:02	1:22:53	1	0:06:56	1:58:15	1:58:22	2:03:28	6:00:04	1	7:29:51	1	0:06:48	1:26:35	1:33:30	1:41:05	4:41:10	2	12:17:48	
2	398	Armando St H65	ITA	0:22:49	1:00:10	1:22:58	2	0:10:21	2:03:09	2:03:06	2:13:39	6:19:52	2	7:53:10	2	0:05:45	1:20:47	1:27:57	1:37:52	4:26:35	1	12:25:28	

#### Vrouwen <40

5	406 Stefanie LorD21	DUI	0:17:05	0:43:20	1:00:25	3	0:02:39	1:46:47	1:46:35	1:48:58	5:22:18	6	6:25:21	4	0:03:06	1:08:49	1:12:23	1:14:45	3:35:56	3	10:04:21
6	413 Saskia GroocD21	NED	0:22:40	0:53:00	1:15:39	16	0:05:07	1:49:46	1:51:36	1:54:18	5:35:39	9	6:56:25	10	0:06:34	1:15:33	1:20:28	1:24:00	4:00:00	7	11:02:58
7	420 Karin KersclD21	DUI	0:20:58	0:54:37	1:15:35	15	0:06:03	1:55:01	1:54:22	1:56:43	5:46:05	12	7:07:42	12	0:04:11	1:12:31	1:19:02	1:20:49	3:52:22	6	11:04:15
8	418 Yvonne Tro D21	NED	0:19:02	0:48:11	1:07:12	7	0:04:27	1:47:33	1:47:53	1:50:26	5:25:52	7	6:37:30	7	0:03:55	1:27:15	1:30:12	1:36:21	4:33:46	10	11:15:11
9	416 Dorthe StarD21	DUI	0:16:45	0:42:55	0:59:40	2	0:03:54	1:52:04	1:54:40	1:57:35	5:44:18	11	6:47:52	9	0:07:28	1:19:09	1:30:11	1:48:58	4:38:17	12	11:33:36
10	422 Stine Moell D21	DEN	0:16:34	0:42:32	0:59:05	1	0:04:05	2:15:22	2:03:21	1:58:42	6:17:24	15	7:20:34	14	0:03:57	1:19:15	1:29:17	1:42:08	4:30:38	9	11:55:08
11	411 Diana Baue D21	DUI	0:19:58	0:52:10	1:12:08	12	0:04:04	2:00:09	1:58:49	2:04:06	6:03:04	14	7:19:14	13	0:04:08	1:29:27	1:31:59	1:32:55	4:34:20	11	11:57:42
12	423 Christel MuD21	NED	0:20:05	0:52:11	1:12:15	13	0:05:43	1:49:35	1:53:32	1:59:35	5:42:41	10	7:00:38	11	0:04:32	1:26:01	1:43:53	1:48:28	4:58:21	14	12:03:30
13	424 Gudrun RavD21	GBR	0:20:01	0:54:21	1:14:22	14	0:04:26	2:13:02	2:05:34	2:18:06	6:36:41	18	7:55:27	17	0:05:45	1:12:25	1:18:10	1:39:20	4:09:55	8	12:11:06
14	419 Jenny KrooD21	ZWE	0:18:49	0:48:35	1:07:24	8	0:03:31	1:46:27	1:49:47	1:55:46	5:31:59	8	6:42:53	8	0:07:23	1:32:37	1:58:58	1:53:07	5:24:41	17	12:14:57
15	434 Sylvia BlahcD21	SVK	0:20:05	0:51:26	1:11:30	11	0:04:07	2:01:20	2:05:19	2:17:32	6:24:10	16	7:39:47	16	0:08:20	1:27:46	1:29:31	1:41:13	4:38:29	13	12:26:35
16	435 Maj DiderikD21	DEN	0:25:30	1:07:34	1:33:03	18	0:07:12	1:59:56	1:55:40	1:56:10	5:51:45	13	7:31:59	15	0:06:10	1:37:36	1:50:25	1:56:28	5:24:28	16	13:02:36
17	415 Nel SchoehD21	NED	0:23:37	1:03:59	1:27:36	17	0:06:06	2:02:20	2:09:43	2:13:38	6:25:39	17	7:59:20	18	0:05:41	1:36:00	2:16:11	2:04:15	5:56:25	18	14:01:26
18	412 Oya GritskoD21	RUS	0:34:08	1:29:20	2:03:28	19	0:07:03	2:09:38	2:14:00	2:23:20	6:46:57	19	8:57:27	19	0:10:24	1:33:05	1:42:15	1:44:38	4:59:57	15	14:07:47
19	414 Nicole KonsD21	DUI	0:19:32	0:51:04	1:10:36	9	0:03:37	1:43:22	1:43:58	1:51:57	5:19:15	5	6:33:28	6	0:04:04	1:26:00				0	

#### Vrouwen 40-44

Pits	RaceNr	Naam	Cat	Nat	Swim1	Swim2	Swim	#S	T1	Bike1	Bike2	Bike3	Bike	#B	AftBike	#aftB	T2	Run1	Run2	Run3	Run	#R	Total
1	431	Karin OverkD40		NED	0:20:01	0:51:49	1:11:50	1	0:05:21	1:59:36	2:00:41	2:07:15	6:07:31	1	7:24:42	1	0:04:03	1:21:52	1:24:09	1:28:39	4:14:40	1	11:43:24
2	403	Greta MalkiD40		FIN	0:23:45	1:04:10	1:27:55	2	0:04:39	2:03:10	2:09:48	2:16:42	6:29:39	2	8:02:13	2	0:04:22	1:36:00	1:45:18	1:42:19	5:03:36	3	13:10:09
3	432	Julie WarneD40		GB	0:25:40	1:07:15	1:32:54	3	0:09:01	2:12:12	2:15:22	2:18:36	6:46:09	3	8:28:04	3	0:07:29	1:31:32	1:32:23	1:33:56	4:37:50	2	13:13:22

Timing & Results ChampionChip NL - Created 30-8-2008 22:16:47